



**Northern  
Football League**

# *2010 Annual Report*



Office: Unit 11, 10-14 Simms Road, Greensborough

Post: PO Box 405, Greensborough, VIC, 3088

Phone: (03) 9435 8228

Fax: (03) 9432 0147

Web: [www.nfl.org.au](http://www.nfl.org.au)

ABN: 86 607 912 971



The Northern Football League would like to thank the following sponsors and partners for their support and commitment in season 2010.



We trust you enjoyed the benefits of being involved in our community sporting league and we hope you will consider us again in 2011 and beyond.

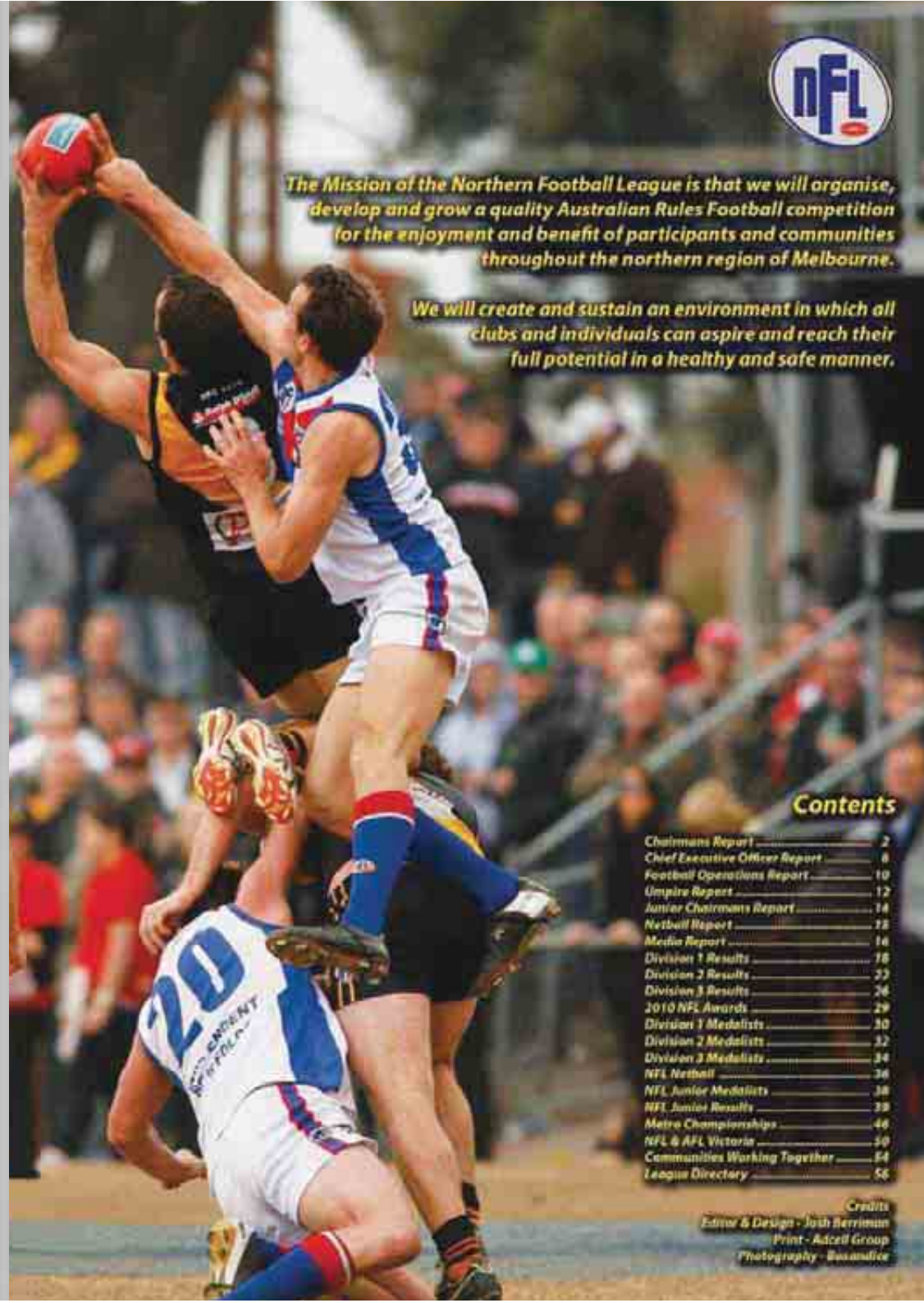


**"Communities Working Together"**



*The Mission of the Northern Football League is that we will organise, develop and grow a quality Australian Rules Football competition for the enjoyment and benefit of participants and communities throughout the northern region of Melbourne.*

*We will create and sustain an environment in which all clubs and individuals can aspire and reach their full potential in a healthy and safe manner.*



## Contents

Chairman's Report	2
Chief Executive Officer Report	6
Football Operations Report	10
Umpire Report	12
Junior Chairmen's Report	14
Netball Report	15
Media Report	16
Division 1 Results	18
Division 2 Results	23
Division 3 Results	26
2010 NFL Awards	29
Division 1 Medalists	30
Division 2 Medalists	32
Division 3 Medalists	34
NFL Netball	36
NFL Junior Medalists	38
NFL Junior Results	39
Metra Championships	46
NFL & AFL Victoria	50
Communities Working Together	54
League Directory	56

**Credits**  
 Editor & Design - Josh Berriman  
 Print - Adcell Group  
 Photography - Boxandice



# Chairman's Report

Ron Bongetti

On behalf of the Board of the Northern Football League I am pleased to present the League's 2010 Annual Report.

I have once again used the framework of our Business Plan to formulate this report.

## To build a foundation for ongoing development, success and growth

Over the past twelve months the NFL moved from being simply a local football league to playing a far more important role. We are now being seen as an educator and an important member of a very diverse community.

A number of things have led to this occurring and I will deal with them more throughout this report, however none of it could have occurred without the support and assistance of our Members, the Board and Management of AFL Victoria, and the many people we engage or conscript into assisting us.

With a growing number of teams many organisations would be happy, however we, our Members and the NFL Directors and office, moved to continue to grow our reach. A prime example of this is our growing numbers of NFL Netball teams.

We have also spent the past twelve months considering adding the management of Youth Girls' football to our charter and at this stage it would seem to be very likely to do so. There are still some i's to dot and t's to cross but once these are taken care of we intend to move down that path. The Board has certainly philosophically supported the idea.

Last year I pointed out that: "We make up the largest component of the football community in AFL Victoria's Northern Region and as such we are cementing ourselves as we continue our work in 'Communities Working Together. This stands even more true as we move from 2010 to 2011.

## To build quality football competitions and clubs at every level in NFL

At the 2010 NFL Season Launch I pointed out that our league is now being considered as a "ball-players" League; one where good footballers can join and expect to be supported. Our tolerance level of unsavoury incidents is strict and unwavering and for this we should all feel proud.

Division 1 was the most competitive competition seen in the north for a long time. While Heidelberg was still the benchmark during the home and away season, they were continually challenged and showed that any team not at full strength and playing their absolute best is very beatable in our League.

We introduced a Final Five and this certainly added to the excitement later in the year with a number of clubs eyeing off that final spot as we neared the end of the year. Eltham were the team that won the right to feature in their first final series for a very long time. Despite going out in a very competitive first final they nonetheless showed they are on the right track.

We added a team into Division 3 with St Mary's fielding a senior team for the first time. Regarded as Australia's most successful Junior Club they now have a number of juniors and former juniors looking to once again wear their famous strip. I thank all their opponents for seeing the big picture this season and allowing them to field a team without the assurance of a Reserves team. Fortunately for all, and due to plenty of hard work by their management group, early in the season they saw their numbers grow to a level where they could field teams in all three grades. Well done to all involved.

Our netball added another division and continues to exceed expectations, and is rapidly growing into a very, very good competition in its own right. No longer are we simply a League providing a competition for the ladies;



ours is a quality competition with a very solid following. The fact that we moved our Grand Finals to the State Netball and Hockey Centre was another example of our seriousness and the quality of the competition. Watch for more exciting growth in 2011.

Following on from 2010 our Junior Committee reinforced its intention to grade our junior competitions. This provides all juniors with more of an opportunity to play against players of their own calibre. The result of a more competitive league is very satisfying and I congratulate Dean Philpots and his committee on their determination to deliver a quality competition and one of which we can all be proud.

It has been interesting to watch the growth in the management of our clubs. We will always have some moving in either direction but overall the enthusiasm for the task at hand is very encouraging. The Board has adopted a philosophical position to always work with clubs so as to develop their off-field performance. I have no doubt that this is the way to go.

This year we saw the introduction of the Frank Rosbrook Medal for the winner of the Division 1 Best and Fairest. The inaugural medal was won by West Preston's Nick Meese and three of the Rosbrook family were in attendance to present it to Nick's father, John, as Nick was overseas. This is a fitting tribute to a gentleman who set the tone that this League has successfully adopted.

Finally congratulations to West Preston for winning the Division 1 premiership; likewise my congratulations to Whittlesea (Division 2) and Hurstbridge (Division 3) and good luck to the latter two as they move into higher divisions. Likewise I congratulate Diamond Creek Blue (Section 1), Mernda A (Section 2) and North Heidelberg B (Section 3) on their NFL Netball premierships.

In wrapping up the congratulations, I congratulate the 24 junior clubs that took out their premierships in 2010, including West Preston Under 16's who won our first Under 16 Grand Final. There is no doubt that our Junior competition is traveling very well; we are now looking to see the fruits of this in our inter-league competitions.





### To develop, build and vigorously promote a credible NFL Brand and image to attract participants, stakeholders, sponsors and contributors

This season saw us take enormous steps in building our brand. If there was any confusion as to what the League stood for then all became clear this year with the following highlights leading the way:

- Our ongoing relationship with merchandise supplier Hot Sublimation showed that we can deliver quality merchandise at a competitive price. With all clubs now sporting our NFL Branded merchandise we are certainly moving in the right direction and doing it together and in harmony.
- Our Season Launch was once again a fitting way to commence the season with representatives from clubs, councils and sponsors all in attendance. This will continue to be a wonderful occasion and one to look forward to.
- Our commitment to be a quality influence on the community at large was an outstanding success. Our education program has been seen as ground breaking and I will speak more on that shortly.
- Our ability to continue to attract players, coaches, umpires and volunteers is amazing. My thanks in particular to the Northern Umpires Association and our umpires for their unswerving support of the NFL ideals. Their policing of our game is terrific and it is no coincidence that we are the only league in Victoria, and possibly Australia, that is able to provide a full compliment of umpires for all senior games and field umpires for all junior games. My thanks to the clubs for their monitoring of the behaviour of our participants.
- Our ability to stage quality events is growing as evident in our staging of the Launch, our Finals Series, our Junior and Senior Presentation Nights and this year a key lunch featuring Andrew Demetriou. The lunch was a terrific first effort and I thank our clubs and local politicians for getting behind it, and offer my personal thanks to Phiv Demetriou for his influence in getting Andrew to commit to the lunch. This may become a feature event in future years.

- And how about our ability to get the Prime Minister to attend a Junior Grand Final at Diamond Creek? This was an unexpected highlight and certainly made a couple of our juniors well known amongst their peer groups.

I wanted to delve more into our Social Responsibility Education Program and point out the exciting news that the NFL was this year nominated for the vicsport 'Best Sports Development Initiative by Industry Associate / Corporate Supporter vicsport Member' award.

We were nominated by AFL Victoria but unfortunately we were pipped at the post by a program run by Football Federation Victoria – the state soccer association. The fact that we were even nominated against a number of state associations is a terrific feat.

But the most exciting news was the fact that we were nominated and won the Victorian Government's 2010 Community Sport and Recreation Award, presented by Sports Minister James Merlino. Two awards were issued in this category by the Minister and this time we and Football Federation Victoria both beat a number of quality programs.

This is not why we introduce such programs but it is a great fillip to know that what we are doing is now being endorsed by the Victorian community at large.

Having sat in on a session and having seen the format, I congratulate all involved and offer the Board's appreciation to Peter Gilson and his team at Impact Football Solutions. I also thank Phiv Demetriou and Ash Brown for their support of the program.

There has been a huge culture shift within the League and the role of women in our sport and our league is now extending far further than the canteen and the usual roles played out by mothers in the past. We have a number of females on club committees and the growing respect of women and their roles is becoming more and more evident. My biggest hope though is that we soon see a female move from club level to join the NFL Board; I assure you that once they get there they will be made to feel very welcome.

You, the stakeholders, have made the Northern Football League one of Victoria's absolute success stories. I congratulate you and urge you to maintain the strength of commitment that has been displayed since the League's inception.

## Aim to have sufficient quality grounds and facilities to meet current and future needs of a growing Northern Football League

One of my biggest regrets for the year is that we are still yet to find a new home for the NFL. We have been in discussion with both the City of Banyule and the City of Darebin and we will continue to fight the good fight on the League's behalf. As you would understand it is very difficult finding funds to develop a site that will predominantly be the home of one sport.

We are very fortunate that our relationship with our local governments is terrific; sure we have our moments but we have no doubt that they, the Councils, always act in what they believe is in the best interest of the participants.

This season was the wettest on record for a long time and while we had some grounds that were below par, most were still playable. There were some highlighted deficiencies during the year and the management is working with councils to ensure we are well represented in discussing council issues.

If you are having a problem with your council and would like to have the League assist please ensure you keep us up to date with your issues. The office is in regular contact with the councils and this channel of communication should be utilised.

The opposite should also apply in that we should ensure we do not try to turn the council forum into a place of war. There have been times where we have been informed of one or more of our clubs trying to hijack council meetings for their own benefit; this is not acceptable. Please keep us informed so that we can help you help yourself.

## To attract, recruit, retain and develop quality people at all levels in the Northern Football League

Probably 95% of our people are volunteers working for either the love of the sport or to provide a club where they and their family and friends have a quality experience. Whatever your reason for getting involved, we thank you for we are a much better organisation because of your involvement.

Ash Brown has been a valued member of the Northern Region team managed by Phiv Demetriou. He recently departed our home to advance his career taking up a position at the Essendon Football Club. Whether it was performing his duties or simply 'competing' in answering the Herald Sun quiz, Ash has always remained a quality member of the team. We thank him and wish him well.

While it is disappointing to lose such a quality bloke, I have every confidence that his replacement will do very well as the system put in place by Phiv will ensure the transition happens smoothly.

The NFL is now getting a good feel for what it takes to run a successful league and it is because of that that you can expect us to continue to provide the leadership you require in putting together our team. Whether it be contractors, staff, or volunteers throughout the League, I believe we are currently surrounding ourselves with people who will continue to represent the League's Mission Statement and Values.

Speaking of quality NFL people, it was a pleasure to see NFL Ambassador Brent Harvey bring up his 300th AFL game in 2010 - fittingly all for North Melbourne. Not to be outdone, Sharelle McMahon led the Australian Diamonds to a Commonwealth Games silver medal in a thrilling final against the Kiwis.

## Thank You and Congratulations

Over the past twelve months we have reviewed our Strategic Plan, our Rules and By-Laws, and our Policies. We are currently giving consideration to our staffing structure to ensure that what we put in place is capable of delivering our planned outcomes.

At the risk of missing someone I would like to thank a number of people who I believe go that extra step in delivering a quality experience to those who choose to participate in our League.

Once again I thank our club officials and the players and coaches for buying into our plan to make our League the best of its type in Victoria. The standard of the competition continues to grow, however I believe the quality of the individuals within it is growing even quicker.

Thanks to Tony Mahony and the Northern Umpires Association who, along with Kevin Smith and the umpiring fraternity, continue to excel in delivering a full compliment of umpires each week. This should not be understated and must not go unnoticed.

We congratulate the Northern Bullants on another successful season that saw them again play off in the VFL Grand Final. To Steve Papal, Gary O'Sullivan and their club, we congratulate them and wish them well in 2011. The past twelve months was the best in our relationship and we look forward to it growing in the future. In fact I suggest that any club who wishes to create a relationship with the Bullants speak to them about having their memberships recognised for free entry into Bullants' home games. They are keen to continue to represent the northern region to the best of their ability and are certainly worthy of our growing support.

Over the past twelve months our relationship with women's sport has grown exponentially and I highlight the performance of our netball administrators and the young women playing in the Youth Competition. Our thanks to Delwyn Berry, Sue Drummond, Kristy Armstead

and the Plenty Valley Netball Association. If all goes to plan we look forward with great optimism to introducing Youth Girls' football into our League in 2011.

Our elite juniors didn't really have the year they were looking for but these things are cyclical. I'm sure they will continue to develop and I am sure they will continue to represent us with the right attitude.

I believe our relationship with the Northern Knights could be better. I know it is a period of transition for the athletes involved, but I would like to see a better structure developed between our two organisations. We have done it with the Bullants and are keen to see this developed further. The Knights are a key outcome of our development of players, so hopefully a more productive relationship emanates in the future.

Kevin Crompton, Jarrad Carey, Delwyn Berry, and Josh Berriman continue to deliver a quality league that offers all participants an enjoyable experience. They are not perfect, but given the volume of work, I reckon they get it right most times. Thank you for your continued effort and for being such quality individuals.

The Board this year took another step in planning the future of the League. As a group of volunteers I can assure you they do far more than could rightly be expected of them.

As I will not be standing for re-election at this year's AGM, I will take this opportunity to thank everyone for their patience and support. It was far from an ideal way to move into the position of Chairman, however with your help we somehow got through it. I found it enjoyable and can only hope that in some way my involvement has been of benefit.

I offer my thanks to my fellow Board members and the staff and ensure you that you are in good hands.

Ron Bongetti

Northern Football League Chairman



2010 NFL Board (from top left): Ron Bongetti (Chairman), Tony Topp, Jeff Parkes, Robert Young, Dean Philpots, Peter Myers, Harry Gasiamis





# Chief Executive Officer Report

Kevin Crompton

## Fair Game - Respect Matters.

In 2008, the Northern Football League partnered AFL Victoria to roll out to our clubs AFL Victoria's Fair Game - Respect Matters program. The men and women involved in Fair Game - Respect Matters in the Northern Football League work towards creating more vibrant, family friendly, and most importantly, inclusive clubs that value and demonstrate respect for all members.

The aim was to introduce culture change in community football clubs as a way to prevent violence against women. Violence against women can take many different forms: from bullying and harassment through to rape and physical assault. Over the last three years, Fair Game - Respect Matters addressed these issues.

The Northern Football League promotes respectful environments. A Fair Game - Respect Matters club is one in which everyone:

- Feels safe and included
- Acts responsibly on and off the field by refusing to engage in sexist, homophobic or racist behaviour.
- Understands that sexism, bullying, or abusive behaviour is unacceptable under any circumstances.
- Values women's involvement and promotes their participation in all roles.
- Supports men as they work as champions of violence prevention.
- Understands that drunken behaviour makes people feel uncomfortable and can be intimidating.
- Values and promotes good sporting behaviour on and off the field.

The impact of Fair Game - Respect Matters has been significant. Clubs have worked hard in creating a more family friendly environment and as a result we have seen an enormous increase in female participation within our clubs.

Since the program's launch in 2008 we have witnessed some significant changes:

- In 2008, the NFL introduced a women's netball competition which started as a competition consisting of 1 division of 8 teams. In 2010 we fielded 26 teams in 3 divisions, and the expectation for 2011 is 4 divisions.
- Youth Girls' Football Competition to start in 2011.
- Female participation on club committees and office bearers has grown significantly - in 2010 we had 4 female club presidents.

I would like to thank the club "Drivers" of Fair Game - Respect Matters. Your commitment to and belief in the program was outstanding and contributed significantly to its success.

## Northern Football League's Education Program

January 17th 2010 was a tragic day when five young lives were lost and a 15 year old girl seriously injured in a horrific single car crash on Plenty Road, Mill Park. The driver had a blood alcohol level of 0.19.

The devastation of this accident was felt throughout the community of the northern suburbs and became my motivation to create an education program that could be delivered to clubs within our league. The aim was to heighten awareness of the dangers of drink driving, drugs, and speed in a motor vehicle.

Our determination to deliver this program was strengthened when on March 29, 2010 an 18 year old male driver died after his car left the road and hit a tree just 100 meters from the scene of the previous accident.

Impact Football Solutions' Peter Gilson and Rick Irwin came on board with the Northern Football League, and in conjunction with Phiv Demetriou, constructed a program that was confronting and factual.

The program tackled the issues of drink driving, drugs, speed in a motor vehicle and the importance of an inclusive club environment. The discussion of these issues was lead by Mr Gilson, using overheads and videos, and providing visualisation to the discussion within the club environment. The program also included input from current and ex-AFL players speaking of their personal experiences and observations with regard to the social issues. AFL Players who participated included: Gary Ayres, Marc Murphy, Shaun Higgins, Lindsay Gilbee, Peter Daicos, Dale Weightman, Paul Hudson, Brent Stanton and Colin Kinnear.

The program was conducted by 32 clubs with over 3000 players from Under 15 through to Seniors, and it had a remarkably positive impact. The testimonials received from the clubs detailed observations of a positive change in attitudes of players, and during the presentation you could hear a pin drop, such was the interest from the audience.

As we all know, it is very difficult to survive financially without the support of sponsorships, and again this year we were very fortunate to have on board major sponsors of the NFL: Hot Sublimation (Hot Sublimation has again been appointed the NFL exclusive on-field apparel supplier for the next 3 years), The Bank of Cyprus and Action Alliance. I would also like to thank our business partners; Pisces Food, Victor Sports, Sherrin, Red Onion, Coca Cola, Boags and A-Grade Supplies.

The Northern Football League Juniors has grown substantially since 2007. We fielded an extra 47 teams this year compared to the number fielded in 2007, and this is expected to grow again in 2011 with the likely addition of two new junior clubs. Laurimar Thunder and Bundoora Park Thunderbolts are both new start up junior clubs and have applied to join the Northern Football League for the 2011 season.



I would like to thank the Northern Football League Board for their continued commitment and foresight. As you may have heard, it is unfortunate that our Chairman Ron Bongetti has decided to retire from our Board at this year's Annual General Meeting. Ron has not only been an excellent Board representative and Chairman, but also a magnificent mentor to me and the NFL staff. So on behalf of the Northern Football League community, thank you Ron for your magnificent contribution to our League.

The AFL Victoria Community Development team in Phiv Demetriou and Ash Brown have done a terrific job in delivering programs that are supporting the continued growth of the Northern Football League.

The growth of the NFL Netball competition since its inception is remarkable. I would like thank all the netball teams and in particular Delwyn Berry for her outstanding commitment to the continued development of netball and her dedication to the administration of our league.

I would like to thank Jarrad Carey, Football Operations Manager, for his continued commitment and dedication to his role.

This year's football record was a fantastic publication. Josh Berriman worked tirelessly to produce the most professional record in community football. Well done Josh and thank you for the dedication to your role.

The football competitions this year were outstanding; in particular Division Three which provided all teams with a competitive game of football each week. This is, in my opinion, the recipe for the quickest way to a sustained future and on-field success.

Kevin Crompton  
Chief Executive Officer





# Football Operations Report

Jarrad Carey

Congratulations to all clubs and members on yet another fantastic year in the Northern Football League. The amount of hard work that is being done by the limitless amount of volunteers behind the scenes is quickly making your league one of the most outstanding community sporting associations in the state. The increasing level of professionalism from all clubs is forcing the continual growth and development of the entire league.

The Senior Finals series was one for the ages. In Division One we saw two teams go back to back, Bundoora in B Grade and Greensborough in C Grade, with West Preston providing an enormous upset in the main game to prevent Heidelberg from recording their fifth straight premiership. Whittlesea have gone from bridesmaids in 2009 to Division One in 2011 with a hard fought win over a determined Lower Plenty; a truly remarkable journey when you consider the devastation that faced their community in February last year. Hurstbridge handled the slop better than Parkside in their Division Three A Grade Grand Final and their victory sees them become the first team in our history to be promoted from Division Three to Division Two. We saw two significant upsets in the Division Two and Three B Grade competitions, with Mernda and South Morang staging courageous single figure victories, while Diamond Creek went through the entire year undefeated on their way to a Division Two C Grade premiership. For the second consecutive year we did not see any club with multiple premiers in the senior divisions!

Another 'for the second consecutive year' statistic saw EVERY junior club represented in the 2010 Junior Finals Series. You know your Junior competition is traveling along nicely when the Prime Minister decides to pop in to a Grand Final; the Honorable Julia Gillard headed north to check out the action at Diamond Creek and provided a wonderful highlight for Under 13 Blue premiers Research when she presented them with their premiership medallions.

Our grading procedures continue to tighten and we have come a long way in only three seasons. The NFL has

gone from having the highest average winning margin to one of the absolute lowest and we fully intend on becoming the benchmark for other competitions in the next year or two.

The Junior Development Program was upgraded again in 2010, with our Under 12 age group playing competitive matches against an opposing league for the first time. The results during the Metro Champs weren't as fantastic as we might have hoped, but the competitiveness of all four teams was second to none, with the NFL always looking a chance to win. The program isn't about immediate results though, and we hope that the benefits will show in the next few years for the players involved. We will be scaling back the intensity of the program for the Under 14s and Under 15s slightly in 2011 after feedback received from our junior clubs. An enormous and unreserved thank you to everyone who assisted with the 2010 program, from the coaches, team managers, trainers and water boys, to the clubs who opened their doors for training, meetings and matches. The kids are very lucky to have so many great people supporting them.

Importantly, we managed to form an alliance with St Monica's College in Epping. This gave us full access to their state of the art training facilities and also allowed us to hold our Junior Season Launch and Junior Development Program Jumper Presentation at the venue. Thanks to Ben Shelton, the Director of Australian Football, and the rest of the team at St Monica's for their co-operation.

In 2010 the Northern Football League had an astonishing 6 players represent Vic Metro in the National Under 16 Championships. This is an achievement that cannot be underestimated and you should keep a close eye on the following boys in the coming years:

- Anthony Bonaddio (West Preston)
- Ben Irving (West Preston)
- Brandon Lee (Research)
- Matthew Haynes (Yarrambat)
- Nathan Hrovat (Mill Park)
- Nick Vlastuin (Eltham)

An even further special mention to Nick Vlastuin and Matthew Haynes who have both gained Australian Institute of Sport AFL Scholarships for 2010 / 2011. Watch this space!!

Massive congratulations also to Josh Caddy (Eltham), Darcy Barden (Research), Glenn Grgic (Epping), Stephen Witkowski (Diamond Creek) and Josh Marchbank (Eltham) who were selected in the Vic Metro Squad for the Under 18 National Championships. Josh Caddy, who made the All-Australian team following an outstanding carnival, heads to the Gold Coast Suns after being selected as the 7th pick overall in the National Draft. Also a top 10 pick and joining him at the Suns is former West Lalor junior Dion Prestia. Might be time to start learning the words to the Gold Coast's theme song!

While we're congratulating people, I must mention two superb servants of the NFL. Brent Harvey, NFL Ambassador, notched up his 300th AFL match during the year and you could not find a better example of a professional footballer. If you judge a man by the respect he garners from his peers, then Boomer is second to none. A man of equal stature in that regard is Simon Prestigiacomo, who retired with as much class as anyone in the game. Presti, who has our NFL Under 15 Best and Fairest's named after him, is as honest, reliable and fair off the field as he is on it.

The NFL is continuing to grow in its reputation across the state for all the right reasons. In 2011, pending their acceptance at our AGM, we will see two brand new Junior Clubs join the ranks; Bundoora Park Thunderbolts and Laurimar Thunder. Senior clubs are also finding it easier to attract high profile recruits and a lot of this is due to the sanitising of the on-field action. Kevin Smith and his young umpiring group continue to develop and the rise in numbers and quality of umpires cannot be underestimated. The NFL Independent Tribunal has also played a significant role in making your league a 'good news' league. A very special thank you to Mr

Wally Tyrell, who has stood down as one of our Tribunal Chairmen after a career that has spanned well over two decades.

Thank you once again to the team in at NFL House. Delwyn and Josh both invest an enormous amount of time and energy into the league and the results are obvious when looking at the growth of the Netball Competition and the ongoing development of our media department, to mention only two. Kevin, Ron and the Board have provided wonderful leadership and continue to lead the way with innovation and control. Thank you to Ron, who steps down as Chairman this year, for your advice and tutelage. Thanks also to Dean Philpots and the Junior Committee for their work during 2010. Once again it's been a privilege to work so closely with Phiv and Ash from AFL Victoria who have provided support and counsel to many of our clubs. To our Northern friends- the Bullants and the Knights- congratulations on successful seasons; it's terrific to see the region so strongly represented in the VFL and TAC Cup.

As always I'll save the best for last with a gigantic thank you to all the volunteers; you are the lifeblood of community sport and without you there simply wouldn't be a Northern Football League.

We here at NFL House are forever grateful to all the Presidents, canteen managers, timekeepers, secretaries, treasurers, team managers, water carriers, trainers, bar attendants, runners, and all the other jobs too numerous to mention! The one thing that I love most about this job is seeing the amount of passion that people have for their club and their team. I can assure you that we are just as passionate in here about your league and we plan on making the NFL even greater in 2011.

See you at the footy!

Jarrad Carey  
Football Operations Manager







# Umpire Report

Kevin Smith

The 2010 season proved to be a very good one for the Northern Football League umpiring group. Performances throughout the season in all three disciplines - field, goal and boundary umpiring - were very pleasing.

The finals performance was quite outstanding and the most efficient of the three year period I have been here, and the group is showing continual improvement. The league decided the three umpire system for both field and boundary umpires would be used in all A Grade finals across the three divisions. This allowed more umpires to take part in not only finals matches but also in A Grade Grand Finals, which was a real boost to the group and assisted in the good conduct of matches which was obvious to all those in attendance. This allowed for a better standard of football for both participants and spectators alike. The Under 19 finals continued to provide opportunity for those umpires in the formative years of their umpiring.

Whilst it was possible in 2009 to fully service field umpiring requirements, there were weeks when not all boundary and goal umpire appointments were filled. In 2010, due to the continuing progression of the list numerically, we were able to make appointments to all matches no matter what the discipline required. The recruiting of 26 additional goal umpires really helped both the group and the league in presenting its football.

In the 2010 season, 40 field umpires umpired in A Grade (24 appointments available each week), this compared to 33 in 2009. Of the 40 field umpires, 17 were under 24 years of age, and overall a total of 27 of them were under 35 years of age.



Overall there were 92 umpires recruited across all disciplines, and 73 did not return from 2009. The challenge again in 2011 will be to try and retain as many young Sunday field and Saturday boundary umpires as possible and this is not easy given that a lot leave due to study, commencing work, moving away, playing football, loss of interest and, on occasions, the environment they encounter at matches.

The expansive local schools program, which addresses assemblies and smaller groups of students with recruiting in mind, continued in 2010 and proved productive. The delivering of the Basic Umpiring Course in a number of schools also continued successfully, while the Umpire Academy at Mill Park Secondary College continued throughout the season, but for such a large local student population numbers were not as big as expected.

Coaching of each discipline at umpire meetings continued to focus on covering each of the basics needed for good umpiring. Individual coaching was based on observations at matches and took place either on the day or at training, and the improvement of so many umpires has shown this to have been both relevant and effective.

I would like to thank George Smith (Fitness Coach), Darren Agnew (Juniors Umpire Coach), Shane Herbert (Goal Umpire Coach) and Doug Armstrong (Boundary Umpire Coach) who worked so diligently and successfully throughout the season. A big thanks also to Brian Moore (Secretary of the Coaching Panel) who worked across all disciplines to assist the smooth running of umpiring.

To these, along with all those who supported each of the coaches and those who carried out observations and mentoring, your magnificent efforts were appreciated and resulted in many umpires having a feeling of being supported and showing a significant improvement.

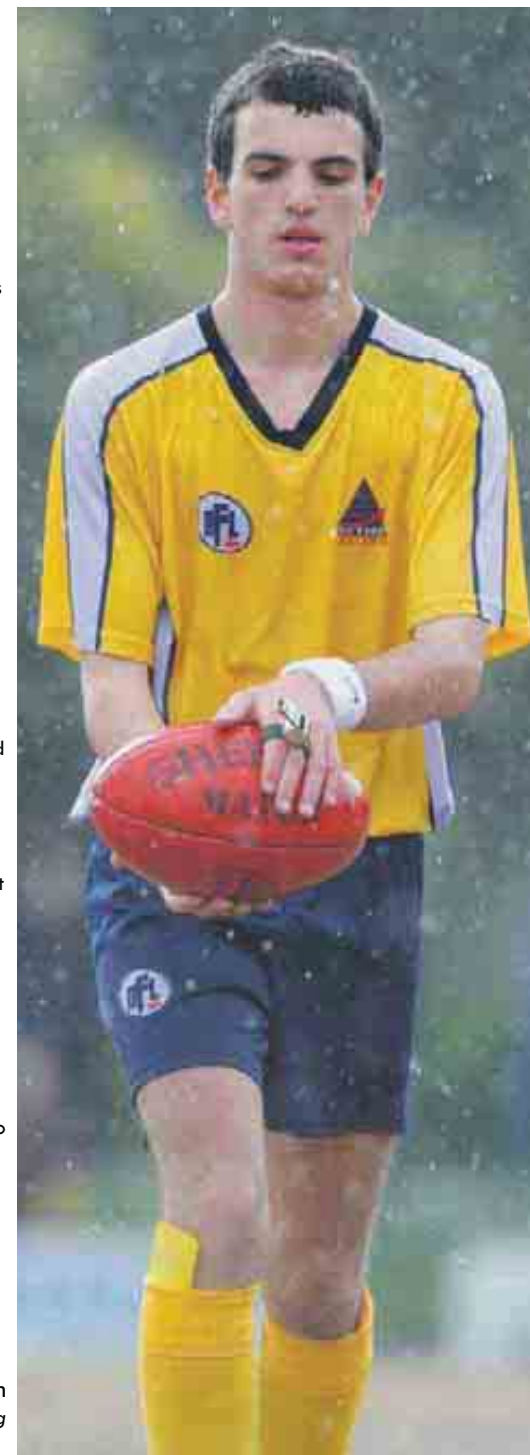
Each of the NFL administration team led by Kevin Crompton were always available to discuss umpiring matters and readily tendered new ideas for discussion - always offering and giving assistance when asked or it was appropriate to do so. Each of the staff contributed to umpiring in some way on a regular basis and I always felt the support was there and I am thankful for this. Jarrod Carey in particular worked closely with myself and communicated certain umpiring matters to clubs when that was required. Delwyn Berry was involved in umpiring on general administration matters, and Josh Berriman made himself available to me when I needed his assistance. It is true to say the League Board always showed support for, and interest in, umpiring too.

Expanding umpiring to the three umpire system where appropriate, providing the cost of the Green Shirt uniform for new field umpires, and the funding of the groups' centrally located and appropriate umpire training facility, all have contributed to the increased numbers, expanded coaching and good umpire performance over the last three years.

Tony Mahoney took over as the Umpires Association President and the Association supported both myself and the umpiring group by doing whatever it could to assist in providing an appropriate umpiring environment. Among other things, it arranged for the provision of meals and refreshments after training, arranged regular BBQ's, and both the Junior and Senior Presentation Night were a big success. It is now moving to provide umpires with qualified injury advice on training nights. Arranging an experienced umpire as an Advocate for umpires attending the Tribunal was an important role it performed in 2010 and I want to thank the Association for its efforts throughout the season.

I want to congratulate all those umpires who received a finals appointment of any kind, especially a Grand Final appointment, as you will have deserved it. I want to especially congratulate those umpires who umpired the Division One A Grade Grand Final in such an efficient manner, field umpires Steve Williams, Campbell McPherson and Daniel Compton, boundary umpires Josh Forner, Jeff Miller and Lawrence Coop, and goal umpires Neville Coutts and Matt Lafite.

Kevin Smith  
Director of Umpiring







## Junior Chairman's Report

Dean Philpots

The 2010 season saw the Junior competition grow again in the number of teams competing in the competition. This season we fielded just over 200 sides in the under age competition and this has occurred due to all the hard work officials are doing within their football club's sporting communities.

The junior development program in 2010 has continued to develop along our plan with teams at the Under 13, 14, 15 and 16 age groups. Already with the Junior clubs' backing it appears that we will have an Under 17 representative side next year. This should strengthen our development program and the pathway in our league to ensure players get the best opportunity to play at their highest level and continue to play football beyond their junior age.

This year we also managed to ensure all our coaches were accredited at Level One and this was achieved with a great deal of effort from the AFL Victoria Northern Region Community Development Manager Phiv Demetriou.

In 2010 we also saw some Junior clubs and Auskick centres merge under the one banner and this has provided a great opportunity for players and families to move from the Auskick program to the competitive football arena. Ash Brown has worked hard to ensure that the Auskick program continues to grow within our northern region.

The work of the Auskick co-ordinators and the Junior clubs has led to an increase in numbers at the Under 9 level in 2010 - we had over 600 registered players, with 25% of these players less than 8 years of age. Our next challenge as a league must be to ensure all players, parents, officials and clubs are fully equipped to continuously manage this growth in 2011 and beyond.

Each year, due to the efforts of the NFL umpires and Director of Umpiring, Kevin Smith, our umpiring numbers are growing and we are starting to see improvement in the quality of our junior umpires.

This season saw us have our Under 16 division off and running, and while we only had 6 sides finish the season, it is the start for a new age group and it is expected that this will grow in the next few years.

I would like to thank everyone involved in the Junior competition at club level and the volunteers who are doing great thing in the Junior Development program. I would also like to thank the Junior Committee, and a special mention to Jarrad Carey, the NFL Football Operations Manager who spends many, many hours working to improve the whole junior competition.

Dean Philpots  
Junior Chairman



## Netball Report

Delwyn Berry

The Northern Football League Netball competition has certainly been well received by all clubs and has grown beyond the expectations of many.

The competition is of a high standard and this has attracted many more players from across the suburbs, which in turn is increasing our clubs' memberships.

Clubs have also been successful in applying for grants through Vic Health and Local Government to assist with uniforms and training facilities.

The season would not go ahead without a lot of support and dedication from our club administrators, Plenty Valley Netball Association, Court Supervisor Kristy Armstead and Sue Drummond our Umpire Supervisor. Thank you.

I would like to congratulate all clubs on their achievements this season. For those that played off in the Grand Final, win or lose, you should be proud of yourselves. For the players that were voted by the umpires as the Best and Fairest in their respective sections, well done, and of course the Star Shooters - awesome job!

I must not forget our umpires. We are fortunate enough to have some very high quality umpires within our competition and we also assist with the development of many up-and-coming umpires through a pathway program between PVNA and ourselves. Thanks again to Sue Drummond for assisting with this program.

The conclusion of our season saw us play our Grand Finals at the State Netball and Hockey Centre at Parkville. This gave a lot of ladies the opportunity to play at the best facility in Melbourne, which speaking on their behalf of everyone, was certainly well received and we look forward to going back next season.

Season 2011 is already shaping up to be even bigger, with more teams from new clubs and second and third teams from existing clubs. We look forward to seeing all NFL clubs represented in the near future.

Until next season,

Delwyn Berry  
NFL Netball







## Media Report

Josh Berriman

In the past I have left them until last, but this year I'd like to start with thanking all the people who contribute to make the content in the NFL Record and website possible - and that is the club volunteers.

It probably sounds cliched, but I'm always amazed at the dedication and time that the club volunteers put in on a weekly basis, and when you consider that they combine it with full-time work and family and social commitments, it truly is a remarkable effort by them all.

The passion that all the volunteers show is a credit to their clubs and without them there really wouldn't be much content on the league for the general public to catch-up on each week.

In my paid position with the league, I try to channel this passion and energy into the work that I do - hopefully this comes through in the quality and timeliness of the content that has been produced by the NFL since 2008, which in my humble opinion is the best amongst all the local leagues in the state.

There are another group of volunteers who I can't function on a weekly basis without, and they are the league's media volunteers.

This year the NFL continued its association with Plenty Valley FM for coverage of the match of the round. In 2010 we got around to more grounds than we had in past seasons, and although there were a few difficulties at times, the Saturdays spent out in the open watching quality community football is what it is all about. A huge thank-you to Mark Donnelly, Luke De Vincentis, Dylan Maxwell, and John Seaton, who gave up plenty of time to cover the games throughout the season.

We were also able to gain the services of a few volunteer match reports in 2010 in William Botoulas, Brittany Shanahan and Doug Long.

Their dedication and craft was well received by not only myself and the fellow NFL staff, but also many of the clubs who they reported on - a massive thanks to all three for contributing in 2010.

I am obviously hugely indebted to the players and umpires who take to the field each Saturday and put on the spectacle that is the Northern Football League.

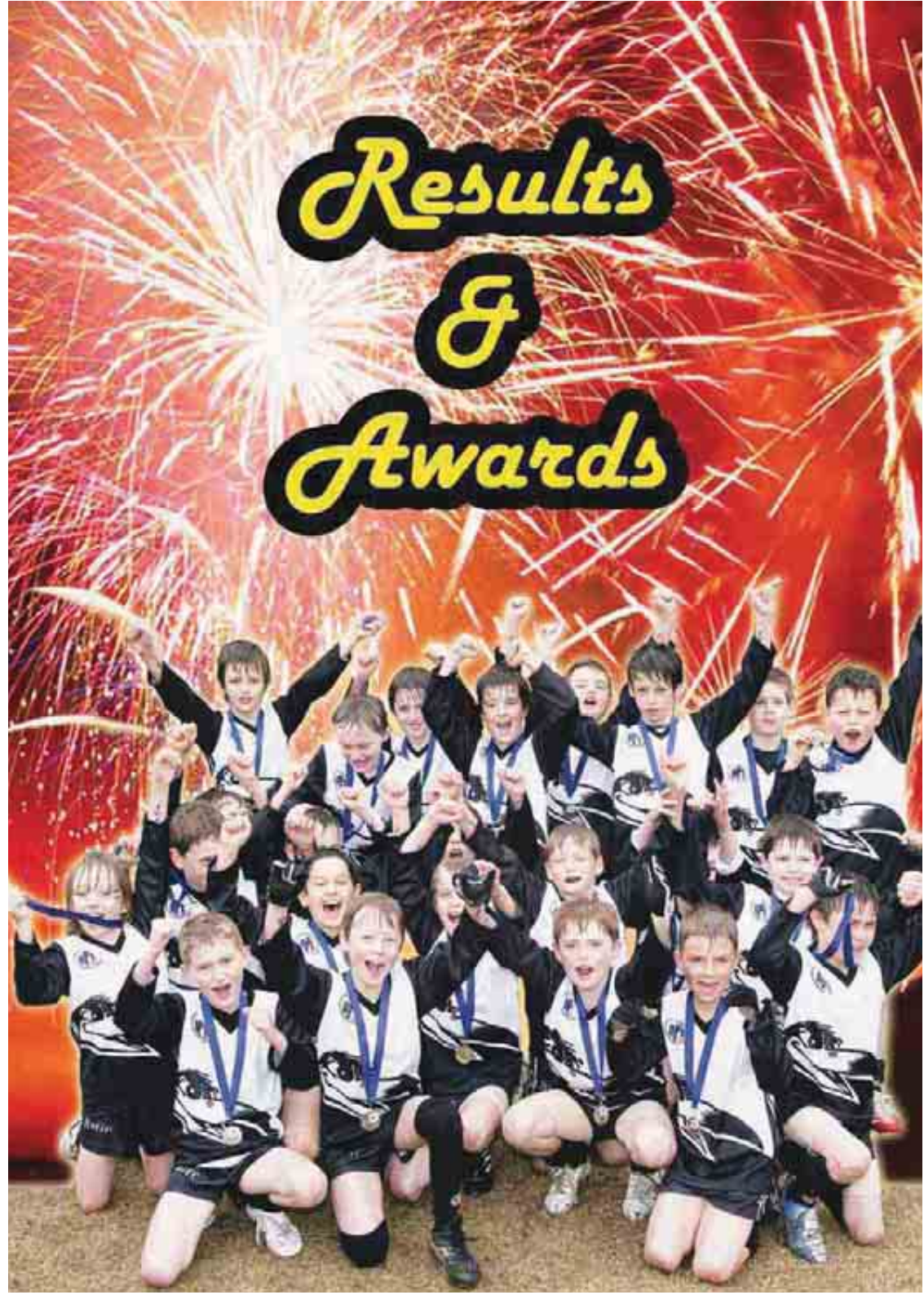
It's the anticipation of what they do on Saturday that makes all the Monday-to-Friday work bearable.

So a big thanks to all those who took to the field in 2010, and especially those that gave up their time - some even during the middle of the week - to make themselves available to myself and the media volunteers for interviews, feature articles, and the occasional mickey-take.

In my time with the Northern Football League I have had the pleasure of interacting with some extraordinary people and characters. At the beginning of this year I lost a good friend of mine who I had known for many years before working here, but had the chance to spend some time with he and his family when I did an article on them last year. I'm grateful for that time and would like to dedicate my part in this publication to the memory of Danny Strickland and his family

Until the future,

Josh Berriman  
Media Manager







# The 2010 Premiers

## Division 1 Seniors - West Preston - Lakeside

After five wins and an eighth place finish in 2009, West Preston-Lakeside could have been in line for a relegation scrap in 2010. Instead, the club recruited heavily over the summer months and were one of the major players in Division 1 from the beginning of the season all the way through to the Grand Final.

There was one thing missing from the Roosters' 2010 CV going into the Grand Final at Preston City Oval on September 18 - a win against their opponents Heidelberg.

The two teams had met three times leading up to the Division 1 Grand Final, with Heidelberg having won on each occasion - by 49 points in Round 7, 109 points in Round 16, and 88 points in the 2nd Semi Final. In the Round 16 and 2nd Semi encounters, Heidelberg had held West Preston to an aggregate of just six goals from 14 scoring shots, while they had combined for 36 goals from their 61 scoring shots.

Whichever way you looked at it, Heidelberg went into the game as heavy favourites for an unprecedented fifth straight Division 1 senior premiership.

For the first half of the game, Heidelberg looked the better side and held a 17 point lead at half-time. However, they did suffer early, game-ending injuries to Anthony Franchina and Sean Logie, which would hamper their rotations off the bench in the second half.

From that point on, it was all West Preston as they worked the ball all over the park and used their fresh legs to overrun Heidelberg.

The Roosters kicked six goal to the Tigers' one in the third quarter and turned the game in their favour, before an even final term saw West Preston claim their first Division 1 Senior premiership since 2003 by 21 points.

West Preston's Jake Williams was named as the best player on the ground and in a nice touch, was awarded his winner's medal by his father, dual Brownlow Medalist Greg Williams.

As had been the case for the majority of the Roosters' year, Glenn Robertson finished as the team's leading goal kicker of the day with three goals.

The Roosters were unable to make it a Division 1 premiership double after their Reserves team fell just short of Bundoora after a last quarter fightback.

The Bulls were the form team of the competition in 2010 and made it back-to-back premierships with a seven point victory. Bundoora's Matthew Penn was awarded the being best on ground medal.

In the Under 19s, Greensborough also repeated as they came from behind in the last quarter to beat Montmorency by 10 points. Greensborough's Christopher Clark was awarded the best on ground medal.



## 2010 NFL Division 1 Reserves Grand Final

<b>Bundoora</b>	1.0	5.2	9.7	11.9 (75)
<b>West Preston</b>	1.4	3.4	4.5	10.8 (68)

**Best:** Bundoora - M Penn, A Ruggiero, M Bekker, M Pow, J Palazzolo, N Johnston  
West Preston - L Vincitorio, J Williams, C Ray, B Nannery, J McInerney, J Devine

**Goals:** Bundoora - M Pow 3, A Hamer 2, B Jones 2, C Hunt 2, N Johnston, M Bekker  
West Preston - C Ray 2, J Williams 2, J Caspersz, R Ewing, N McKernan, D Butera, D Sedgwick, S Barber



## 2010 NFL Division 1 Senior Grand Final

<b>Heidelberg</b>	3.4	7.6	8.8	9.12 (66)
<b>West Preston</b>	2.0	5.1	11.5	13.9 (87)

**Best:** Heidelberg - M Brunelli, M Seiter, A Coff, F Dorbolo, J Anderson, A Symes  
West Preston - J Williams, N Meese, S Gannon, B Micevski, S Watt, J Ramaekers

**Goals:** Heidelberg - Dale Nolan 2, W Drapac 2, B Harvey, S Caddy, B Dobson, A Coff, J Anderson  
West Preston - G Robertson 3, D Smith 2, B Sanderson, A Dobby, A Bardon, P Micevski, B Morrison, J Ramaekers, A Fahour, A McKenzie



## 2010 NFL Division 1 Under 19 Grand Final

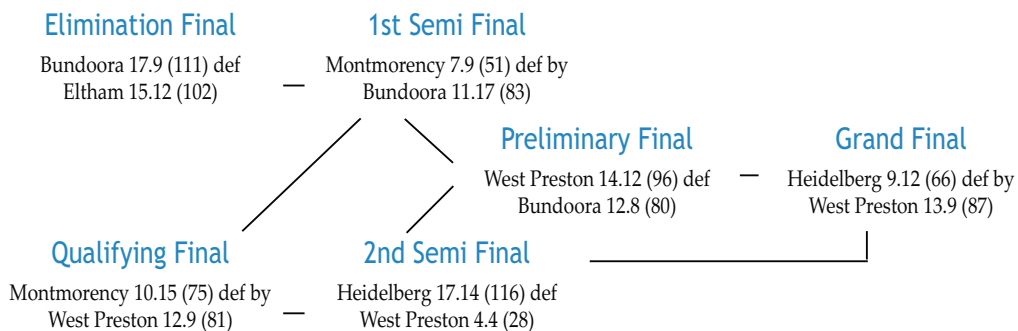
<b>Greensborough</b>	0.1	2.3	3.9	7.11 (53)
<b>Montmorency</b>	1.1	4.4	5.5	6.7 (43)

**Best:** Greensborough - C Clark, M Anderson, S Conte, B Ryan, T Forster, A Rowe  
Montmorency - L Chiocci, B Walton, C Daley, B Lewis, J Ruedin, D Offer

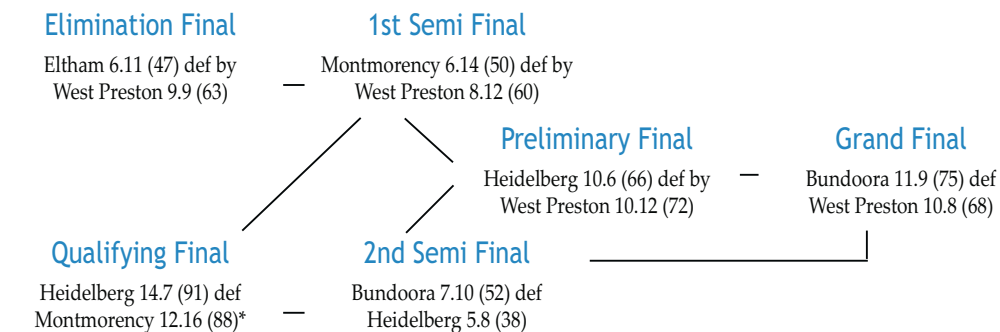
**Goals:** Greensborough - M Anderson 3, M Fowler, B Freeman, L Shaw, T Yilmaz  
Montmorency - B Woodhouse 2, N Williams, 2, B Walton, M Larcom-Cooper



## Division 1 Seniors Finals



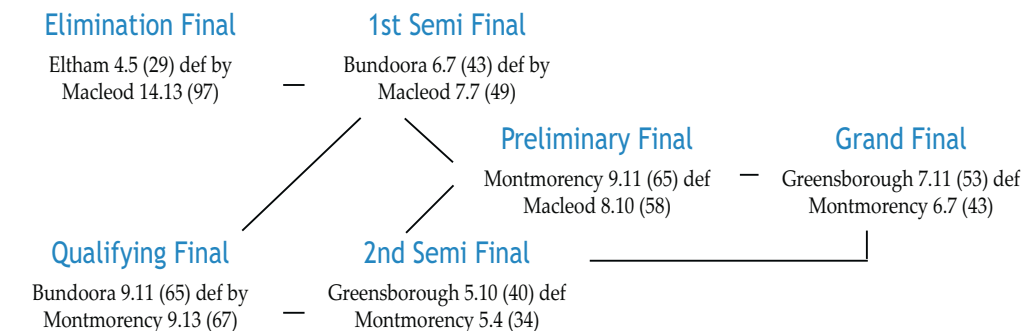
## Division 1 Reserves Finals



\* After extra time



## Division 1 Under 19s Finals



## Division 1 Seniors

Team	P	W	L	D	For	Ag	%	Pts
Heidelberg	18	16	2	0	2215	1075	206	64
Montmorency	18	13	4	1	1781	1479	120	54
West Preston	18	11	6	1	1506	1448	104	46
Bundoora	18	10	8	0	1531	1402	109	40
Eltham	18	10	8	0	1636	1670	98	40
Northcote Park	18	8	10	0	1637	1679	98	32
North Heidelberg	18	7	11	0	1518	1811	84	28
Greensborough	18	6	11	1	1426	1816	79	26
Macleod	18	5	12	1	1615	1926	84	22
Lalor	18	2	16	0	1318	1877	70	8

## Division 1 Reserves

Team	P	W	L	D	For	Ag	%	Pts
Bundoora	18	17	1	0	2030	682	298	68
Heidelberg	18	13	5	0	1334	974	137	52
Montmorency	18	11	6	1	1573	1253	126	46
Eltham	18	11	6	1	1230	1069	115	46
West Preston	18	10	7	1	1413	1055	134	42
Macleod	18	7	10	1	1331	1408	95	30
Greensborough	18	7	11	0	1199	1380	87	28
Northcote Park	18	6	12	0	1177	1620	73	24
North Heidelberg	18	5	13	0	1056	1610	66	20
Lalor	18	1	17	0	672	1964	34	4

## Division 1 Under 19s

Team	P	W	L	D	For	Ag	%	Pts
Greensborough	16	13	3	0	1663	732	227	52
Bundoora	16	13	3	0	1739	773	225	52
Montmorency	16	12	4	0	1568	822	191	48
Eltham	16	11	5	0	1773	763	232	44
Macleod	16	11	5	0	1721	1033	167	44
Northcote Park	16	6	10	0	943	1642	57	24
West Preston	16	2	14	0	697	1809	39	8
Heidelberg	16	2	14	0	612	1660	37	8
Lalor	16	2	14	0	554	2036	27	8







# The 2010 Premiers

## Division 2 Seniors - Whittlesea

After being in the mix for so long, 2010 was the year where Whittlesea finally took the next step and became the Division 2 premiers.

The Eagles stamped their mark on the season with an emphatic last quarter in Round 1, kicking 12 goals to Mernda's nil and turning a 20 point three-quarter-time lead into a 107 point percentage booster.

From that point on Whittlesea were the team to beat in Division 2, and they rounded the halfway point of the home and away season undefeated, with a two game lead at the top of the ladder, and with an average winning margin of 84 points.

Although they eventually lost three of their final nine regular season games, Whittlesea went into the Grand Final against a resurgent Lower Plenty as the clear favourites, having only lost to the Bears once in their four 2010 encounters.

The Bears finished sixth in 2009 but did not slip below third place for the entire 2010 season, and entered the Grand Final full of confidence after a thrilling one point win over Diamond Creek in the Preliminary Final.

In contrast to their one goal to 10 opening term in the 2009 decider, Whittlesea got out of the blocks strongly this time around and went to the first break with a 21 point lead on the back of some calm finishing from their leading goalkicker Andrew Fairchild.

Lower Plenty came back into the game in the second term and hung in with the Eagles for the remainder of the afternoon, but they could never bridge the gap that Whittlesea built earlier in the game.

In the end it was the 14 more behinds that Whittlesea kicked in the game that was the difference between the two teams at the final siren.

Lower Plenty did themselves proud on the biggest stage and will take heart from Whittlesea being in their exact position just 12 months earlier, while Division 1 beckons for the Eagles in 2011.

Lucas Hobbs was named as the best player on the ground for a performance that produced two classy goals for the premiers as well as a swag of clutch possessions and hard-ball-gets.

Mernda finished premiers in the Reserves on the back of an amazing second-half comeback that saw them erase a seven goal Diamond Creek lead and finish a solitary point in front at the final siren.

Beau Lowry won the best on ground medal finishing with six of Mernda's 10 goals and kept them in the contest in the first half.

There were no such problem for Diamond Creek in the Under 19s were they led from start to finish to win by 34 points in an entertaining game against Lower Plenty. The Demons' Justin Summers was named as best on ground.



## 2010 NFL Division 2 Reserves Grand Final

<b>Diamond Creek</b>	3.2	5.5	9.10	10.13 (73)
<b>Mernda</b>	2.6	3.9	7.11	10.14 (74)

**Best:** Diamond Creek - M McKenzie, D Carmody, D Padgett, B Wescott, J Liddiard, C Magann  
Mernda - B Lowry, J O'Reilly, J Wuelfert, D Rigney, T Crawford, T Sage

**Goals:** Diamond Creek - A Campbell 3, B Hardman 2, B Marshall 2, D Davenport 2, S Elliott  
Mernda - B Lowry 6, J O'Reilly 2, S Ferraro, N Johnson



## 2010 NFL Division 2 Senior Grand Final

<b>Whittlesea</b>	3.4	4.8	7.14	9.17 (71)
<b>Lower Plenty</b>	0.1	4.2	6.3	9.3 (57)

**Best:** Whittlesea - N Snowdon, R Dyson, T Stevens, M Quinton, J Page, L Hobbs  
Lower Plenty - M Neill, B Zimolani, N Gage, J Norman, C Monger, A Lendaro

**Goals:** Whittlesea - A Fairchild 2, L Hobbs 2, T Stevens, S Dorsett, T Jinnette, M Dornauf, S McAuliffe  
Lower Plenty - B Barden 3, B Gill 2, M Neill, C Monger, A Lendaro, P Flynn



## 2010 NFL Division 2 Under 19 Grand Final

<b>Diamond Creek</b>	3.5	5.6	6.12	11.16 (82)
<b>Lower Plenty</b>	0.0	2.2	3.2	7.6 (48)

**Best:** Diamond Creek - T McLean, J Barbante, J Gebert, B Boyd, J Caelli, M McGinty  
Lower Plenty - N Riali, C Craig, M Saldaner, J Sardi, C Lendaro, J Smith

**Goals:** Diamond Creek - J Orvad 2, B Boyd 2, J Reardon 2, L Campitelli, J Kelly, D Petersen, L McLellan, T Conway  
Lower Plenty - L Henderson 2, B Equid, S Harrison, H Kavanagh, K Thompson, J O'Malley

## Division 2 Seniors Finals

### 1st Semi Final

Diamond Creek 19.21 (135) def  
Epping 10.6 (66)

### 2nd Semi Final

Whittlesea 11.7 (73) def  
Lower Plenty 7.15 (57)

### Preliminary Final

Lower Plenty 9.17 (71) def  
Diamond Creek 9.16 (70)

### Grand Final

Whittlesea 9.17 (71) def  
Lower Plenty 9.3 (57)

## Division 2 Seniors

Team	P	W	L	D	For	Ag	%	Pts
Whittlesea	18	15	3	0	2117	1057	200	60
Lower Plenty	18	14	4	0	2210	1310	169	56
Diamond Creek	18	13	5	0	1951	1137	172	52
Epping	18	12	6	0	2028	1257	161	48
Mernda	18	8	10	0	1794	1711	105	32
Fitzroy Stars	18	5	13	0	1551	1891	82	20
Thomastown	18	5	13	0	1444	2198	66	20
Watsonia	18	0	18	0	449	2983	15	0

## Division 2 Reserves Finals

### 1st Semi Final

Whittlesea 7.15 (57) def by  
Mernda 11.12 (78)

### 2nd Semi Final

Diamond Creek 12.7 (79) def  
Lower Plenty 8.4 (52)

### Preliminary Final

Lower Plenty 9.11 (65) def by  
Mernda 12.7 (79)

### Grand Final

Diamond Creek 10.13 (73) def by  
Mernda 10.14 (74)

## Division 2 Reserves

Team	P	W	L	D	For	Ag	%	Pts
Diamond Creek	18	17	1	0	2260	574	394	68
Lower Plenty	18	13	4	1	2146	871	246	54
Whittlesea	18	13	4	1	1888	806	234	54
Mernda	18	12	6	0	1852	906	204	48
Epping	18	6	12	0	965	1750	55	24
Thomastown	18	4	14	0	925	1867	50	16
Fitzroy Stars	18	3	15	0	880	2398	37	12
Watsonia	18	3	15	0	564	2308	24	12

## Division 2 Under 19s Finals

### 1st Qualifying Final

St Marys 13.5 (83) def  
Hurstbridge 6.7 (43)

### 2nd Qualifying Final

Whittlesea 6.6 (42) def by  
Mernda 6.10 (46)

### 1st Semi Final

St Marys 6.6 (42) def by  
Mernda 9.11 (65)

### 2nd Semi Final

Diamond Creek 14.8 (92) def  
Lower Plenty 8.14 (62)

### Preliminary Final

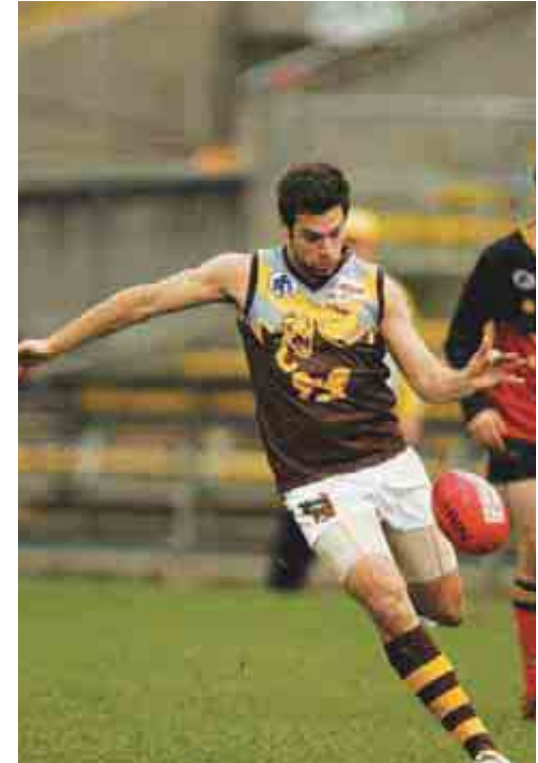
Lower Plenty 13.13 (91) def  
Mernda 10.6 (66)

### Grand Final

Diamond Creek 11.16 (82) def  
Lower Plenty 7.6 (48)

## Division 2 Under 19s

Team	P	W	L	D	For	Ag	%	Pts
Diamond Creek	16	16	0	0	2264	380	596	64
Lower Plenty	17	15	2	0	2348	547	429	60
St Marys	16	14	2	0	1953	599	326	56
Whittlesea	17	11	6	0	1587	1018	156	44
Mernda	17	10	7	0	1406	1128	125	40
Hurstbridge	16	8	8	0	1096	1479	74	32
Bundoora Bulls	17	8	9	0	1398	1397	100	32
Epping	17	8	9	0	1433	1499	96	32
Thomastown	17	5	12	0	1065	1684	63	20
Eltham Panthers	17	5	12	0	863	1683	51	20
Macleod K'roos	16	4	12	0	791	1732	46	16
Watsonia	17	4	13	0	661	1738	38	16
Reservoir	16	0	16	0	363	2344	15	0







# The 2010 Premiers

## Division 3 Seniors - Hurstbridge

After being the runners-up to Parkside in the inaugural Division 3 season in 2009, Hurstbridge went one better in 2010 as they completed a clean sweep of their close rivals and claimed the premiership.

Leading into the Grand Final, the previous ten encounters between Hurstbridge and Parkside had been decided by less than four goals, with an average margin of just under 14 points and the ledger split at five games apiece - although Hurstbridge had won the previous three, all in 2010.

The hopes of a close Grand Final were literally blown out of the water in the first quarter, as the Bridges put on a wet weather football clinic kicking six goals to Parkside's nil on the slushy Epping ground.

Only three goals were scored after quarter time as Hurstbridge did enough to close the game down and protect their lead, ultimately enough for them to win the Division 3 premiership and promotion to Division 2.

Josh Saw was awarded the medal for best on ground with a two goal performance of the half-forward line for Hurstbridge.

In the Division 3 Reserves, South Morang survived a last quarter comeback from the fast finishing Reservoir to become premiers.

In the driving rain at Epping, it was the Lions' third quarter effort that was the catalyst for the victory.

South Morang's Ben Bodycoat was named best on ground.

## 2010 NFL Division 3 Senior Grand Final

<b>Hurstbridge</b>	6.3	6.4	7.9	7.10 (52)
<b>Parkside</b>	0.0	2.3	2.5	2.7 (19)

**Best:** Hurstbridge - J Saw, L Skewes, S Sykes, J Caldwell, S Clarkson, M Jones  
Parkside - A Ialuna, R Lekkas, T Lekkas, K Ng, B Hockey, R Wise

**Goals:** Hurstbridge - J Saw 2, S Clarkson, B Fennell, J Crowe, N Milne, B Mullane  
Parkside - M Young, S Newitt



## 2010 NFL Division 3 Reserves Grand Final

<b>Reservoir</b>	0.2	1.5	2.7	6.11 (47)
<b>South Morang</b>	1.4	1.5	6.5	7.7 (49)

**Best:** Reservoir - J Flint, M Cremore, D Lewis, J Warmington, M Defelice, R Henderson  
South Morang - V Ferraro, S Musico, M Peters, R Wilson, S McCleish, M Haralambopoulos

**Goals:** Reservoir - R Henderson 2, N Gorgievski 2, J Flint, M Defelice  
South Morang - S Fraser 2, R Filipov, S Bamford, V Ferraro, M Stafford, S McCleish



## Division 3 Seniors Finals

### 1st Semi Final

Panton Hill 12.9 (81) def by  
Parkside 15.11 (101)

### Preliminary Final

Reservoir 10.9 (69) def by  
Parkside 13.7 (85)

### Grand Final

Hurstbridge 7.10 (52) def  
Parkside 2.7 (19)

### 2nd Semi Final

Hurstbridge 24.15 (159) def  
Reservoir 6.7 (43)



## Division 3 Reserves Finals

### 1st Semi Final

South Morang 19.21 (135) def  
Panton Hill 7.9 (51)

### Preliminary Final

Hurstbridge 6.18 (54) def by  
South Morang 8.11 (59)

### Grand Final

Reservoir 6.11 (47) def by  
South Morang 7.7 (49)

### 2nd Semi Final

Reservoir 12.9 (81) def  
Hurstbridge 4.2 (26)



## Division 3 Seniors

Team	P	W	L	D	For	Ag	%	Pts
Hurstbridge	15	12	3	0	1798	1039	173	48
Reservoir	15	12	3	0	1713	1209	142	48
Panton Hill	16	12	4	0	1801	1172	154	48
Parkside	16	10	6	0	1874	1130	166	40
Heidelberg West	16	4	12	0	1192	1947	61	16
South Morang	15	2	13	0	1072	1832	59	8
St Marys	15	2	13	0	877	1998	44	8

## Division 3 Reserves

Team	P	W	L	D	For	Ag	%	Pts
Reservoir	16	15	1	0	2204	599	368	60
Hurstbridge	16	12	4	0	1692	796	213	48
South Morang	16	12	4	0	1647	851	194	48
Panton Hill	17	6	11	0	897	1532	59	24
Heidelberg West	17	5	12	0	1206	1420	85	20
Parkside	17	3	14	0	569	2117	27	12
St Marys	9	1	8	0	280	1180	24	4



# 2010 NFL Awards

## Seniors

### 2010 Senior Club of the Year

**Whittlesea Football Netball Club**

### 2010 Volunteer of the Year

**Maxine Westlake - Hurstbridge**



## Juniors

### 2010 Junior Club of the Year

**West Preston**

### 2010 Lew Hall Players Award

**Matthew Sacco (Mill Park) and  
Matthew Vincitorio (West Preston)**







# The 2010 Medalists

## Division 1

Regardless of where he ends up in 2011, 2010 will always be the year that West Preston's Nick Meese dominated the Division 1 competition.

Having just turned 22 years of age, Meese not only led the Roosters as the captain of the Division 1 premiership side, but he also led the Division 1 Best and Fairest count from Round 1 to eventually run out a 7 vote winner.

Meese polled three votes in each of the first two rounds, followed by two votes in Round 3, and finished the season having polled in nine games, including seven best on ground performances.

Heidelberg's evergreen Blair Harvey finished joint runner-up in the count with Northcote Park's much improved ruckman Steve Hiho, both polling 17 votes.

The Reserves competition saw a three-way tie in the Best and Fairest count with Bundoora pair Brent Marshall and Shane Whitnall tying with West Preston's Ashley Bardon.

Bardon played just the four games in the Reserves competition, polling the maximum three votes in each game.

There was also a tie in the Under 19s with Bundoora's Jarryd Fitzgerald sharing the medal with Eltham's Jesse Howell.

Lalor's premier on-baller Nathan Thomas won the Northern Bullants Division 1 Coaches' Player of the Year Award with a one vote victory of North Heidelberg's Jarrod King.

### 2010 NFL Division 1 Best & Fairest

#### Seniors

Nick Meese	West Preston	24 votes
Blair Harvey	Heidelberg	17 votes
Steve Hiho	Northcote Park	17 votes

#### Reserves

Brent Marshall	Bundoora	12 votes
Ashley Bardon	West Preston	12 votes
Shane Whitnall	Bundoora	12 votes

#### Under 19s

Jarryd Fitzgerald	Bundoora	14 votes
Jesse Howell	Eltham	14 votes
Daniel Francis	Macleod	13 votes

### 2010 NFL Division 1 Goalkickers

#### Seniors

Saul Caddy	Heidelberg	82 goals
------------	------------	----------

#### Reserves

Matt Rose	Macleod	47 goals
Matthew Pow	Bundoora	47 goals

#### Under 19s

Daniel Francis	Macleod	69 goals
----------------	---------	----------

### 2010 NFL Division 1 Bullants Coaches' Player of the Year

Nathan Thomas	Lalor	24 votes
---------------	-------	----------



## 2010 Division 1 Team of the Year

#### Back

**Michael Mitchell**  
Bundoora

**Shannon Watt**  
West Preston

**Ben Shelton**  
Bundoora

#### Half-Back

**Adam Symes**  
Heidelberg

**Shane Tennant**  
Montmorency

**Dale Nolan**  
Heidelberg

#### Centre

**Jess Sinclair**  
Heidelberg

**Conlan Gunn**  
Greensborough

**Jarrod King**  
North Heidelberg

#### Half-Foward

**Nick Lynch**  
Macleod

**Peter Shepherd**  
Lalor

**Billy Morrison**  
West Preston

#### Forward

**Saad Saad**  
Northcote Park

**Saul Caddy**  
Heidelberg

**Dean Limbach**  
Montmorency

#### Followers

**Nick Meese**  
West Preston

**Nathan Thomas**  
Lalor

**Pece Micevski**  
West Preston

#### Interchange

**Steve Hiho**  
Northcote Park

**Mark Favrin**  
Heidelberg

**Paul Currie**  
Eltham

**Paul Scanlon**  
Northcote Park

#### Coach

**Vin Dattoli**  
West Preston





# The 2010 Medalists

## Division 2

Going into the last round of voting in the Division 2 Senior Best and Fairest count there were nine players who were still capable of winning the medal.

With a best on ground performance, Diamond Creek's Luke Jackson leapfrogged the other eight players to win the Best and Fairest outright by two votes.

After a highly successful stint with Seymour, Jackson returned to Diamond Creek in 2009 and took his game to another level in 2010 where he polled in eight games, including a stretch of five straight games from Round 7 to 11, and also three votes in each of his last two games to claim the medal.

Three players finished tied on 14 votes for second including Fitzroy Stars' 2008 Division 2 Best and Fairest Lionel Proctor and Whittlesea premiership players Jeremy Page and Roy Dyson.

Mernda's Shaun Silman made it three Division 2 Reserves Best and Fairests in four years as he tied with Whittlesea's Jason Ward for the Reserves medal on 14 votes.

St Marys gained their first piece of silverware when Dillon Ronalds won the Division 2 Under 19s Best and Fairest by a comfortable four votes.

Tipped by many as the favourite for the Senior Best and Fairest award, Epping's Daniel Moore didn't walk away from 2010 empty handed as he won back-to-back Northern Bullants Coaches' Player of the Year awards, eight votes ahead of Fitzroy Stars' Damien Walker.



## 2010 NFL Division 2 Best & Fairest

### Seniors

Luke Jackson	Diamond Creek	16 votes
Lionel Proctor	Fitzroy Stars	14 votes
Roy Dyson	Whittlesea	14 votes
Jeremy Page	Whittlesea	14 votes

### Reserves

Shaun Silman	Mernda	14 votes
Jason Ward	Whittlesea	14 votes
Sean Salmon	Whittlesea	13 votes

### Under 19s

Dillon Ronalds	St Marys	21 votes
Joel Sardi	Lower Plenty	17 votes
Russell Payne	Mernda	15 votes

## 2010 NFL Division 2 Goalkickers

### Seniors

Ben Gill	Lower Plenty	59 goals
----------	--------------	----------

### Reserves

Scott McLaughlin	Lower Plenty	62 goals
------------------	--------------	----------

### Under 19s

Lachlan McLellan	Diamond Creek	68 goals
------------------	---------------	----------

## 2010 NFL Division 2 Bullants

## Coaches' Player of the Year

Daniel Moore	Epping	28 votes
--------------	--------	----------



## 2010 Division 2 Team of the Year

### Back

**Tyrone Loader**  
Diamond Creek

**Matthew Quinton**  
Whittlesea

**Dale Saddington**  
Mernda

### Half-Back

**Ryan Constance**  
Diamond Creek

**Andy Knee**  
Lower Plenty

**Chris Horman**  
Thomastown

### Centre

**Lionel Proctor**  
Fitzroy Stars

**Daniel Moore**  
Epping

**Roy Dyson**  
Whittlesea

### Half-Foward

**Billy Barden**  
Lower Plenty

**Evan Murray**  
Whittlesea

**Matthew Garland**  
Epping

### Forward

**Andrew Fairchild**  
Whittlesea

**Ben Gill**  
Lower Plenty

**Simon Kefalas**  
Epping

### Followers

**Jeremy Page**  
Whittlesea

**Luke Jackson**  
Diamond Creek

**Luke Liroi**  
Epping

### Interchange

**Damien Walker**  
Fitzroy Stars

**Michael Ryan**  
Watsonia

**Brad Hollow**  
Epping

**Michael Manley**  
Thomastown

### Coach

**Peter Bugden**  
Whittlesea





# The 2010 Medalists

## Division 3

Despite being knocked out of the finals in straight sets, Reservoir finished with the top two places in the Division 3 Senior Best and Fairest count.

Having only played the nine home and away games, Ryan Docherty polled in six of these games - including four best on ground performances - to claim the medal by one vote from teammate Dale Breeding.

After starting the year with 11 of a possible 12 votes from Round 2 to Round 6 - with Reservoir having the bye in Round 5 - Docherty did not poll a vote after Round 9 but did enough early to hold off the fast finishing challengers.

To complete an outstanding year for South Morang's Ben Bodycoat, he added the Division 3 Reserves Best and Fairest medal to his already won premiership and Grand Final best on ground medals, winning by two votes from Reservoir's Nick Gorgievski.

Heidelberg West's Aidan Young made it back-to-back Division 3 Northern Bullants Coaches' Player of the Year awards as he won the medal by eight votes in a much improved year for the Hawks.

Young finished eight votes clear of Panton Hill's Will Box who also finished third in the Division 3 Seniors count.

## 2010 NFL Division 3 Best & Fairest

### Seniors

Ryan Docherty	Reservoir	15 votes
Dale Breeding	Reservoir	14 votes
Will Box	Panton Hill	13 votes
Dallas King	Parkside	13 votes

### Reserves

Ben Bodycoat	South Morang	18 votes
Nick Gorgievski	Reservoir	16 votes
Shane Bamford	South Morang	13 votes
Kallan Ford	Hurstbridge	13 votes

## 2010 NFL Division 3 Goalkickers

### Seniors

Jonathon Garrard	Panton Hill	88 goals
------------------	-------------	----------

### Reserves

Stuart Fraser	South Morang	67 goals
---------------	--------------	----------

## 2010 NFL Division 3 Bullants Coaches' Player of the Year

Aidan Young	Heidelberg West	26 votes
-------------	-----------------	----------



## 2010 Division 3 Team of the Year

### Back

**John Caldwell**  
Hurstbridge

**Darren Gresham**  
Parkside

**Bryce Mullane**  
Hurstbridge

### Half-Back

**Brad Hockey**  
Parkside

**Will Box**  
Panton Hill

**Shannon Ware**  
Parkside

### Centre

**Jonathon Byron**  
Panton Hill

**Ryan Docherty**  
Reservoir

**Dale Breeding**  
Reservoir

### Half-Foward

**Brayden Wight**  
Reservoir

**Bennett Osborne**  
Heidelberg West

**Dallas King**  
Parkside

### Forward

**Justin Ross**  
Parkside

**Jonathon Garrard**  
Panton Hill

**Nick Milne**  
Hurstbridge

### Followers

**Andrew Wight**  
Reservoir

**Aidan Young**  
Heidelberg West

**Robbie Wise**  
Parkside

### Interchange

**Leigh Murphy**  
St Marys  
**Michael Richards**  
Hurstbridge

**Matthew Manning**  
South Morang  
**Shane Mitchell**  
Reservoir

### Coach

**Darren Blythe**  
Hurstbridge



# 2010 NFL Netball

## 1st Semi Final

Diamond Creek Red (30) def  
North Heidelberg A (25)

## Preliminary Final

Diamond Creek Blue (55) def  
Diamond Creek Red (53)

## Grand Final

Macleod (33) def by  
Diamond Creek Blue (42)

## 2nd Semi Final

Diamond Creek Blue (30) def by  
Macleod (38)

## 1st Semi Final

Whittlesea B (16) def by  
Lalor A (26)

## Preliminary Final

South Morang (36) def  
Lalor A (21)

## Grand Final

Mernda A (37) def  
South Morang (23)

## 2nd Semi Final

Mernda A (43) def  
South Morang (28)

## 1st Semi Final

Thomastown (22) def by  
Mernda C (27)

## Preliminary Final

Epping B (26) def  
Mernda C (20)

## Grand Final

North Heidelberg B (28) def  
Epping B (27)

## 2nd Semi Final

North Heidelberg B (21) def  
Epping B (20)

## Section 1 Finals

## Section 1

Team	P	W	L	D	For	Ag	Pts
D Creek Blue	12	11	1	0	399	246	44
Macleod	12	10	2	0	389	244	40
D Creek Red	12	8	4	0	374	298	32
N Heidelberg A	12	6	6	0	287	289	24
Whittlesea A	12	4	8	0	251	313	16
Fitzroy Stars A	12	3	9	0	241	332	12
Lakeside	12	0	12	0	178	397	0

## Section 2

Team	P	W	L	D	For	Ag	Pts
Mernda A	13	12	1	0	527	180	48
South Morang	12	10	2	0	355	209	40
Whittlesea B	13	9	3	0	310	268	38
Lalor A	12	8	4	0	306	263	32
Mernda B	13	6	6	0	329	302	26
Epping	12	5	6	0	313	299	22
Watsonia	12	2	9	0	247	381	10
Panton Hill	12	1	11	0	173	430	4
Fitzroy Stars B	13	1	12	0	195	423	4

## Section 3

Team	P	W	L	D	For	Ag	Pts
N Heidelberg B	14	14	0	0	395	148	56
Epping B	14	11	3	0	339	181	44
Thomastown	14	11	3	0	341	231	44
Mernda C	14	10	4	0	292	181	40
Whittlesea C	14	7	6	1	226	230	30
Hurstbridge	14	5	8	1	242	293	22
Lalor B	14	5	9	0	251	292	20
Heidelberg West A	14	4	10	0	174	332	16
Montmorency	14	2	12	0	81	287	8
Heidelberg West B	14	0	14	0	95	261	0



## 2010 NFL Netball Best & Fairest

### Section 1

Stacey Gannon Diamond Creek 10 votes

### Section 2

Annette Varley Lalor 9 votes

### Section 3

Tegan Pohl Hurstbridge 15 votes

## 2010 NFL Netball Star Shooters

### Section 1

Elizabeth Young Diamond Creek 182 goals

### Section 2

Michelle Kneale Mernda 243 goals

### Section 3

Kelli Hubbert North Heidelberg 172 goals





# 2010 Juniors

## 2010 NFL Junior Best & Fairests

<b>Under 17 Blue</b>	<b>Brent Harvey Trophy</b>	<b>Under 14 Blue</b>	<b>Jack Grimes Trophy</b>
Thomas McEwan	Whittlesea 19 votes	Nick Mackay	Greensborough 30 votes
Nick Vlastuin	Eltham 18 votes	Jayden Short	Mill Park 20 votes
Josh Barber	Whittlesea 15 votes	Damandeep Aujla	Mill Park 16 votes
<b>Under 17 Red</b>	<b>Brent Harvey Trophy</b>	<b>Under 14 Red</b>	<b>Jack Grimes Trophy</b>
Harley Short	Northcote 24 votes	Dillon Gillard	Wallan 30 votes
James Brooker	Diamond Creek 19 votes	Jake Francis	Montmorency 21 votes
Josh Totino	Epping 18 votes	Callum Jenkins	Hurstbridge 20 votes
<b>Under 17 Green</b>	<b>Brent Harvey Trophy</b>	<b>Under 14 Green</b>	<b>Jack Grimes Trophy</b>
Luke McNeil	North Heidelberg 21 votes	Lachlan Boscarini	Northcote 19 votes
Jai Robinson	South Morang 15 votes	Adam Rose	Epping 18 votes
Julian Terzioski	Lalor 12 votes	Jesse Ieraci	Northcote 17 votes
<b>Under 16 Blue</b>	<b>Trent Cotchin Trophy</b>	<b>Under 13 Blue</b>	<b>David Zaharakis Trophy</b>
Konrad Bruhn	Greensborough 28 votes	Jade Gresham	South Morang 26 votes
Adrian Natoli	West Preston 14 votes	Jordan Sacco	Research 21 votes
Anthony Bonaddio	West Preston 14 votes	Brayden Fiorini	Greensborough 17 votes
<b>Under 15 Blue</b>	<b>Simon Prestigiacomo Trophy</b>	<b>Under 13 Red</b>	<b>David Zaharakis Trophy</b>
Adrian Ramani	South Morang 30 votes	Raymond Mitchell	Montmorency 20 votes
Jake Kalanj	Eltham 16 votes	Mick Irving	West Preston 19 votes
Josh Abulhadi	Lalor Stars 14 votes	Jake Tou	West Preston 18 votes
<b>Under 15 Red</b>	<b>Simon Prestigiacomo Trophy</b>	<b>Under 13 Green</b>	<b>David Zaharakis Trophy</b>
Josh Turner	Research 32 votes	Daniel Patten	Keon Park 28 votes
Matthew Vincitorio	West Preston 22 votes	Sam Peet	Whittlesea 23 votes
Daniel Valeri	West Preston 17 votes	Nathan Gravina-Ates	Lalor 16 votes
<b>Under 15 Green</b>	<b>Simon Prestigiacomo Trophy</b>	<b>Under 13 Silver</b>	<b>David Zaharakis Trophy</b>
Hayden Pham	South Morang 21 votes	Christian Wannous	Lalor Stars 32 votes
Brody Waugh	Keon Park 20 votes	Andrew Sanford	West Lalor 25 votes
Joel Bramble	Hurstbridge 15 votes	Christopher Mizzi	South Morang 15 votes



## Under 10 Blue

### 1st Semi Final

Yarrambat Brown 8.11 (59) def West Preston 1.1 (7)

### 2nd Semi Final

Montmorency Black 4.7 (31) def South Morang Blue 3.6 (24)

### Preliminary Final

South Morang Blue 6.9 (45) def Yarrambat Brown 1.1 (7)

### Grand Final

Montmorency Black 1.5 (11) def South Morang Blue 1.3 (9)

## Under 10 Red

### 1st Semi Final

Whittlesea 13.5 (83) def Wallan 0.0 (0)

### 2nd Semi Final

Mill Park 1.5 (11) def by Northcote 5.5 (35)

### Preliminary Final

Mill Park 3.2 (20) def by Whittlesea 9.1 (55)

### Grand Final

Northcote 3.3 (21) def by Whittlesea 7.3 (45)

## Under 10 Green

### 1st Semi Final

Mernda 7.7 (49) def West Preston Red 0.0 (0)

### 2nd Semi Final

Montmorency White 4.6 (30) def Yarrambat Gold 3.3 (21)

### Preliminary Final

Yarrambat Gold 6.4 (40) def Mernda 4.4 (28)

### Grand Final

Montmorency White 1.4 (10) def by Yarrambat Gold 1.7 (13)

## Under 10 Silver

### 1st Semi Final

Wallan Magpies 1.7 (13) def by South Morang Maroon 3.3 (21)

### 2nd Semi Final

South Morang Gold 5.6 (36) def Eltham Green 1.3 (9)

### Preliminary Final

Epping Green 4.2 (26) def South Morang Maroon 1.1 (7)

### Grand Final

South Morang Gold 2.1 (13) def Eltham Green 1.2 (8)

Team	P	W	L	D	%	Pts
Montmorency Black	14	11	3	0	221	44
South Morang Blue	14	10	4	0	136	40
Yarrambat Brown	14	9	5	0	251	36
West Preston	14	7	6	1	96	30

Eltham	14	5	7	2	104	24
Research	14	2	11	1	47	10

Team	P	W	L	D	%	Pts
Mill Park	14	10	4	0	128	40
Northcote	14	9	5	0	116	36
Whittlesea	14	8	6	0	139	32
Wallan	14	6	8	0	95	24

Diamond Creek	14	6	8	0	89	24
Greensborough	14	2	12	0	34	8

Team	P	W	L	D	%	Pts
Montmorency White	14	10	4	0	121	40
Yarrambat Gold	14	8	6	0	158	32
Mernda	14	8	6	0	123	32
West Preston Red	14	6	8	0	90	24

Epping	14	6	8	0	70	24
Hurstbridge	13	4	9	0	81	16

Team	P	W	L	D	%	Pts
South Morang Gold	14	12	2	0	281	48
Eltham Green	13	9	4	0	216	36
Wallan Magpies	13	7	6	0	153	28
South Morang Maroon	14	4	10	0	69	16

Panton Hill	13	3	10	0	39	12
Northcote Cougars	10	0	10	0	4	0

## Under 11 Blue

### 1st Semi Final

Epping 5.5 (35) def by West Preston 5.6 (36)

### 2nd Semi Final

Northcote 2.8 (20) def by Greensborough 6.5 (41)

### Preliminary Final

Northcote 5.3 (33) def West Preston 3.4 (22)

### Grand Final

Greensborough 3.3 (21) def by Northcote 5.9 (39)

## Under 11 Red

### 1st Semi Final

Wallan 1.15 (21) def Eltham Green 2.2 (14)

### 2nd Semi Final

Diamond Creek 4.9 (33) def Montmorency 1.3 (9)

### Preliminary Final

Montmorency 0.5 (5) def by Wallan 4.5 (29)

### Grand Final

Diamond Creek 1.8 (14) def by Wallan 4.2 (26)

## Under 11 Green

### 1st Semi Final

South Morang Gold 1.1 (7) def by Pantan Hill 5.4 (34)

### 2nd Semi Final

Research 5.3 (33) def Yarrambat Gold 1.3 (9)

### Preliminary Final

Yarrambat Gold 0.0 (0) def by Pantan Hill 5.10 (40)

### Grand Final

Research 2.2 (14) def by Pantan Hill 2.3 (15)

Team	P	W	L	D	%	Pts
Northcote	14	12	2	0	173	48
Greensborough	14	11	3	0	291	44
Epping	14	10	4	0	223	40
West Preston	14	7	7	0	91	28
Yarrambat Brown	14	7	7	0	86	28
South Morang Blue	14	6	8	0	96	24
Eltham Blue	14	4	10	0	59	16
Whittlesea	14	2	12	0	33	8

Team	P	W	L	D	%	Pts
Diamond Creek	12	9	3	0	302	36
Montmorency	13	9	4	0	143	36
Wallan	13	9	4	0	139	36
Eltham Green	11	6	5	0	189	24
Keon Park	13	6	7	0	84	24
Mill Park	12	5	7	0	82	20
Lalor	13	3	10	0	42	12

Team	P	W	L	D	%	Pts
Research	14	10	4	0	246	40
Yarrambat Gold	14	9	5	0	133	36
South Morang Gold	13	7	6	0	119	28
Pantan Hill	14	7	7	0	120	28
Lalor Stars	14	7	7	0	83	28
West Lalor	14	4	10	0	72	16
Hurstbridge	13	2	11	0	30	8
North Heidelberg	13	2	11	0	29	8

## Under 12 Blue

### 1st Semi Final

Eltham Blue 4.8 (32) def West Preston 4.2 (26)

### 2nd Semi Final

South Morang Blue 13.7 (85) def Epping 1.1 (7)

### Preliminary Final

Epping 7.9 (51) def Eltham Blue 2.2 (14)

### Grand Final

South Morang Blue 11.9 (75) def Epping 7.1 (43)

## Under 12 Red

### 1st Semi Final

Research 7.2 (44) def Pantan Hill 2.5 (17)

### 2nd Semi Final

Northcote 3.4 (22) def Whittlesea Blue 3.2 (20)

### Preliminary Final

Whittlesea Blue 3.8 (26) def Research 2.3 (15)

### Grand Final

Northcote 7.6 (48) def Whittlesea Blue 5.7 (37)

## Under 12 Green

### 1st Semi Final

Epping White 3.1 (19) def by Eltham Green 4.7 (31)

### 2nd Semi Final

Mernda 4.9 (33) def by Reservoir 6.5 (41)

### Preliminary Final

Mernda 9.16 (70) def Eltham Green 3.1 (19)

### Grand Final

Reservoir 3.7 (25) def Mernda 3.4 (22)

Team	P	W	L	D	%	Pts
South Morang Blue	14	13	1	0	428	52
Epping	14	11	3	0	190	44
Eltham Blue	14	10	4	0	152	40
West Preston	14	8	6	0	73	32
Greensborough	14	5	9	0	80	20
Mill Park	14	5	9	0	69	20
Montmorency Black	14	4	10	0	63	16
Diamond Creek	14	0	14	0	35	0

Team	P	W	L	D	%	Pts
Northcote	14	14	0	0	250	56
Whittlesea Blue	14	12	2	0	280	48
Research	14	9	5	0	126	36
Pantan Hill	13	6	7	0	93	24
Yarrambat	14	6	8	0	83	24
Hurstbridge	14	5	9	0	101	20
South Morang Maroon	14	3	11	0	51	12
Wallan	14	3	11	0	50	12

Team	P	W	L	D	%	Pts
Mernda	12	10	2	0	515	40
Reservoir	12	9	3	0	190	36
Epping White	12	7	5	0	155	28
Eltham Green	12	6	7	0	100	24
South Morang Gold	13	5	7	0	62	20
Montmorency White	12	3	9	0	49	12
Whittlesea Gold	12	0	12	0	22	0





## Under 13 Blue

### 1st Semi Final

Research 12.3 (75) def Diamond Creek Blue 8.2 (50)

### 2nd Semi Final

Greensborough 6.7 (43) def by South Morang Blue 10.6 (66)

### Preliminary Final

Greensborough 3.5 (23) def by Research 9.5 (59)

### Grand Final

South Morang Blue 9.7 (61) def by Research 11.9 (75)

Team	P	W	L	D	%	Pts
Greensborough	14	12	1	1	175	50
South Morang Blue	14	10	4	0	187	40
Research	14	8	6	0	149	32
Diamond Creek Blue	14	7	6	1	111	30
Yarrambat Gold	14	4	10	0	89	16
Northcote	14	3	11	0	54	12

## Under 13 Red

### 1st Semi Final

West Preston 9.4 (58) def Wallan 4.5 (29)

### 2nd Semi Final

Montmorency 6.8 (44) def Mill Park 5.7 (37)

### Preliminary Final

Mill Park 9.8 (62) def West Preston 8.4 (52)

### Grand Final

Montmorency 16.13 (109) def Mill Park 8.8 (56)

Team	P	W	L	D	%	Pts
Montmorency	14	11	3	0	271	44
Mill Park	14	9	5	0	104	36
West Preston	14	8	6	0	103	32
Wallan	14	7	7	0	98	28
Hurstbridge	13	5	8	0	74	20
Eltham Red	14	2	12	0	33	8

## Under 13 Green

### 1st Semi Final

Diamond Creek Red 6.5 (41) def Epping 3.2 (20)

### 2nd Semi Final

Lalor 14.18 (102) def Keon Park 3.1 (19)

### Preliminary Final

Keon Park 6.6 (42) def Diamond Creek Red 4.6 (30)

### Grand Final

Lalor 8.11 (59) def Keon Park 7.7 (49)

Team	P	W	L	D	%	Pts
Lalor	13	12	3	0	503	48
Keon Park	14	11	5	0	158	44
Diamond Creek Red	14	8	6	0	79	32
Epping	13	6	7	0	74	24
Panton Hill	13	2	8	0	47	8
Whittlesea	13	1	12	0	29	4

## Under 13 Silver

### 1st Semi Final

South Morang Gold 12.13 (85) def Greensborough White 2.0 (12)

### 2nd Semi Final

Lalor Stars 3.4 (22) def by West Lalor 4.10 (34)

### Preliminary Final

Lalor Stars 6.14 (50) def South Morang Gold 5.2 (32)

### Grand Final

West Lalor 3.5 (23) def by Lalor Stars 8.6 (54)

Team	P	W	L	D	%	Pts
Lalor Stars	14	12	2	0	434	48
West Lalor	13	9	4	0	225	36
South Morang Gold	14	7	7	0	80	28
Greensborough White	13	3	9	1	49	14
Eltham Green	14	3	11	0	33	12
Yarrambat Brown	13	2	10	1	39	10

## Under 14 Blue

### 1st Semi Final

Eltham 12.16 (88) def Greensborough 2.2 (14)

### 2nd Semi Final

Mill Park 13.12 (90) def South Morang Blue 7.5 (47)

### Preliminary Final

South Morang Blue 9.12 (66) def by Eltham 9.22 (76)

### Grand Final

Mill Park 16.14 (110) def by Eltham 21.8 (134)

Team	P	W	L	D	%	Pts
Mill Park	14	13	1	0	318	52
South Morang Blue	14	12	2	0	210	48
Eltham	14	9	5	0	160	36
Greensborough	14	5	9	0	58	20
Montmorency Black	14	4	10	0	57	16
Yarrambat Brown	14	2	12	0	39	8

## Under 14 Red

### 1st Semi Final

Wallan 11.9 (75) def Research 6.2 (38)

### 2nd Semi Final

Montmorency White 6.5 (41) def Hurstbridge 5.6 (36)

### Preliminary Final

Hurstbridge 6.12 (48) def by Wallan 8.5 (53)

### Grand Final

Montmorency White 6.10 (46) def Wallan 4.7 (31)

Team	P	W	L	D	%	Pts
Montmorency White	11	9	2	0	137	36
Hurstbridge	12	8	4	0	94	32
Wallan	13	8	5	0	115	32
Research	12	6	6	0	131	24
Whittlesea	12	6	6	0	122	24
Diamond Creek	11	4	7	0	80	16
West Preston Red	13	4	9	0	91	16

## Under 14 Green

### 1st Semi Final

Northcote 3.6 (24) def by Yarrambat Gold 8.16 (64)

### 2nd Semi Final

Epping 6.5 (41) def West Preston 4.7 (31)

### Preliminary Final

West Preston 12.13 (85) def Yarrambat Gold 8.6 (54)

### Grand Final

Epping 4.12 (36) def by West Preston 12.12 (84)

Team	P	W	L	D	%	Pts
Epping	13	11	2	0	278	44
West Preston	13	10	3	0	164	40
Northcote	14	6	8	0	109	24
Yarrambat Gold	13	5	8	0	124	20
Eltham Red	14	3	11	0	41	12
South Morang Gold	13	0	13	0	15	0



## Under 15 Blue

### 1st Semi Final

Eltham Blue 11.8 (74) def Greensborough 3.9 (27)

### 2nd Semi Final

Lalor Stars 4.9 (33) def by South Morang Blue 8.6 (54)

### Preliminary Final

Lalor Stars 8.10 (58) def by Eltham Blue 9.7 (61)

### Grand Final

South Morang Blue 8.15 (63) def by Eltham Blue 9.11 (65)

Team	P	W	L	D	%	Pts
Lalor Stars	14	12	2	0	200	48
South Morang Blue	14	11	3	0	195	44
Eltham Blue	14	9	5	0	148	36
Greensborough	14	7	7	0	118	28

Mill Park	14	5	9	0	50	20
Whittlesea	14	2	12	0	58	8

Team	P	W	L	D	%	Pts
Research	12	11	1	0	242	44
West Preston	13	8	5	0	114	32
Yarrambat	13	7	6	0	123	28
Diamond Creek	13	7	6	0	118	28
Northcote	12	5	7	0	84	20
Epping	13	2	11	0	53	8
Wallan	12	1	11	0	38	4

Team	P	W	L	D	%	Pts
South Morang Gold	13	12	1	0	215	48
Keon Park	14	10	4	0	170	40
Montmorency	13	8	5	0	123	32
Hurstbridge	14	5	9	0	72	20
Lalor	13	2	11	0	47	8
North Heidelberg	13	2	11	0	42	8

## Under 16 Blue

### 1st Semi Final

Mill Park 11.2 (68) def Research 7.14 (56)

### 2nd Semi Final

West Preston 10.10 (70) def Greensborough 2.7 (19)

### Preliminary Final

Greensborough 14.11 (95) def Mill Park 9.6 (60)

### Grand Final

West Preston 9.19 (73) def Greensborough 7.9 (51)

Team	P	W	L	D	%	Pts
West Preston	14	13	1	0	395	52
Greensborough	14	11	3	0	164	44
Mill Park	13	8	5	0	139	32
Research	14	5	9	0	90	20

Eltham	13	3	10	0	37	12
Yarrambat	14	1	13	0	39	4

## Under 17 Blue

### 1st Semi Final

Greensborough 8.7 (55) def Research 6.5 (41)

### 2nd Semi Final

Whittlesea 10.7 (67) def Eltham Blue 8.5 (53)

### Preliminary Final

Eltham Blue 9.8 (62) def Greensborough 8.9 (57)

### Grand Final

Whittlesea 8.5 (53) def by Eltham Blue 8.7 (55)

Team	P	W	L	D	%	Pts
Whittlesea	14	13	1	0	271	52
Eltham Blue	14	12	2	0	160	48
Greensborough	14	8	5	1	127	34
Research	14	6	8	0	91	24
Montmorency	14	4	9	1	81	18
Mill Park	14	2	12	0	56	8

## Under 17 Red

### 1st Semi Final

Epping 4.4 (28) def by Yarrambat 10.9 (69)

### 2nd Semi Final

Diamond Creek 6.12 (48) def Northcote 5.16 (46)

### Preliminary Final

Northcote 9.10 (64) def Yarrambat 6.6 (42)

### Grand Final

Diamond Creek 9.9 (63) def Northcote 5.10 (40)

Team	P	W	L	D	%	Pts
Diamond Creek	14	12	2	0	206	48
Northcote	14	11	3	0	176	44
Epping	14	9	5	0	104	36
Yarrambat	14	7	7	0	91	28
Lalor Stars	14	6	8	0	77	24
Wallan	14	4	9	1	81	18
Hurstbridge	14	4	10	0	75	16
West Preston	14	1	12	1	48	6

## Under 17 Green

### 1st Semi Final

South Morang 5.12 (42) def Watsonia 5.7 (37)

### 2nd Semi Final

Lalor 8.13 (61) def North Heidelberg 2.5 (17)

### Preliminary Final

North Heidelberg 7.9 (51) def by South Morang 10.10 (70)

### Grand Final

Lalor 7.12 (54) def South Morang 6.3 (39)

Team	P	W	L	D	%	Pts
Lalor	14	12	2	0	197	48
North Heidelberg	14	8	6	0	91	32
South Morang	14	7	7	0	124	28
Watsonia	13	5	8	0	85	20
Eltham Green	14	4	10	0	65	16
West Lalor	13	2	11	0	45	8





# Metro Championships



## Under 14 Division 1

### Round 1

<b>RDFL</b>	<b>3.3</b>	<b>3.6</b>	<b>5.8</b>	<b>9.8 (62)</b>
<b>NFL</b>	<b>0.0</b>	<b>2.2</b>	<b>3.3</b>	<b>3.6 (24)</b>

**Best:** RDFL - T Donoghue, R Le Long, J Baker, D Hillier, S Lord, W Chiller  
NFL - M Bell, D Aujla, N O'Kelly, J Short, C Janev, N Mackay

**Goals:** RDFL - J Baker 2, S Lord, J Ryan, O Clough, I Trickey, E Minns, R Smith, W Chiller  
NFL - C Janev, J Farrugia, J. Baddeley-Kelly

### Round 2

<b>NFL</b>	<b>3.3</b>	<b>4.5</b>	<b>5.8</b>	<b>6.10 (46)</b>
<b>WRFL</b>	<b>2.3</b>	<b>5.6</b>	<b>12.7</b>	<b>14.9 (93)</b>

**Best:** NFL - N O'Kelly, T Barbera, D Aujla, N Mackay, J Francis, J Short  
WRFL - D Rainbow, J Blake, J Patty, M Norton, J Pettitt, M De Leur

**Goals:** NFL - J Francis 2, N O'Kelly, J Ieraci, A Mirabelli, M Bell  
WRFL - L McMahon 5, D Rainbow 4, M Parkinson 3, S Ismail, J Pettitt

### Round 3

<b>MSJFL</b>	<b>5.0</b>	<b>10.3</b>	<b>14.6</b>	<b>20.9 (129)</b>
<b>NFL</b>	<b>5.2</b>	<b>7.4</b>	<b>10.7</b>	<b>10.8 (68)</b>

**Best:** MSJFL - M Pradolin, T Rosenthal, W Egan-Griffiths, J Clayton, M Oswald, L Gogis  
NFL - J Francis, T Bux, N Mackay, J Jackson, H Mills-Webb, D Aujla

**Goals:** MSJFL - W. Egan-Griffiths 4, J Bazzani 3, C Bruinstroop 2, J Clayton 2, T Nicholls 2, M Jackson 2, A Brayshaw 2, S Ciavarella, E Herszberg, T Rosenthal  
NFL - A Brovedani 2, D Aujla 2, J Farrugia 2, M Bell 2, J Short, N O'Kelly



## Under 14 Division 2

### Round 1

<b>NFL</b>	<b>0.1</b>	<b>3.3</b>	<b>6.3</b>	<b>7.4 (46)</b>
<b>DDJFL</b>	<b>1.2</b>	<b>3.3</b>	<b>6.6</b>	<b>7.8 (50)</b>

**Best:** NFL - C Tindal, B Jordan, D Watson, G McDonagh, D Callaway, T Burns  
DDJFL - H Stagg, C Bader, L Mateariki, V Arena, N Hillard, T Stokoe

**Goals:** NFL - B Odza 2, T Burns 2, A Valeri, J Ireland, D Watson  
DDJFL - D Fowler 2, N Hillard, D Smith, S Richards, A Wilson, J Cayhan

### Round 2

<b>NFL</b>	<b>1.4</b>	<b>2.5</b>	<b>4.8</b>	<b>7.9 (51)</b>
<b>WRFL</b>	<b>4.1</b>	<b>8.3</b>	<b>11.4</b>	<b>12.8 (80)</b>

**Best:** NFL - B Odza, A Scott, R Schraven, J Panuccio, G McDonagh, A Valeri  
WRFL - A Limina, D Littleton, P Manivong, J Cairns, W Isaacs, J Farrugia

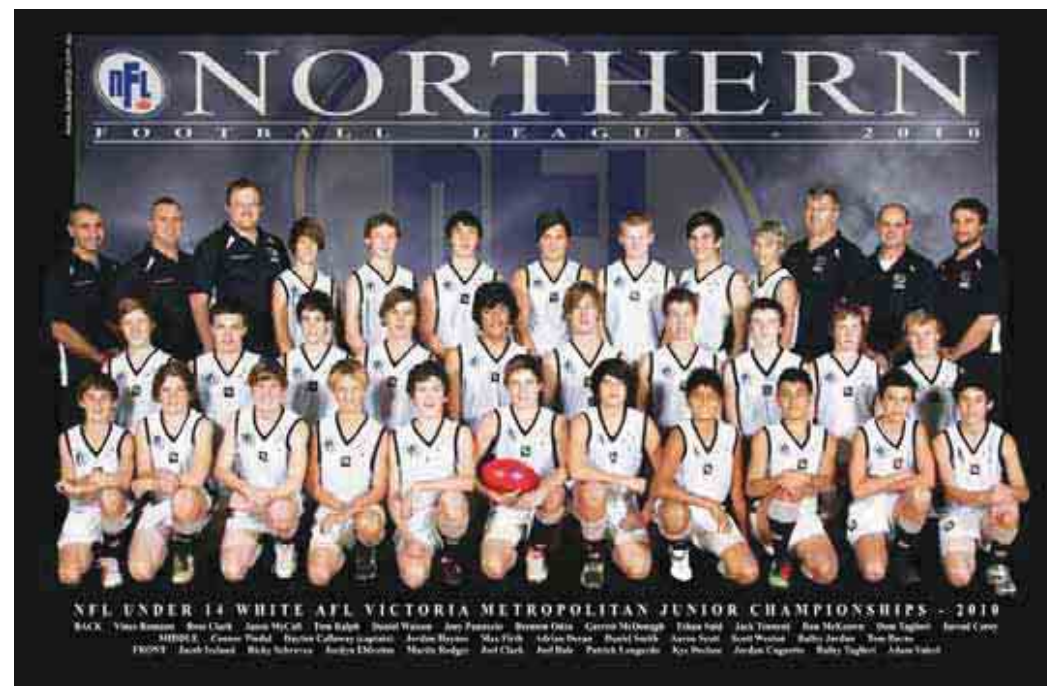
**Goals:** NFL - R Schraven 2, T Burns 2, J Clark, J Panuccio, A Scott  
WRFL - P Manivong 5, A Limina 2, D Littleton 2, J Farrugia 2, J Martin

### Round 3

<b>YJFL</b>	<b>4.1</b>	<b>8.5</b>	<b>14.7</b>	<b>17.11 (113)</b>
<b>NFL</b>	<b>0.0</b>	<b>0.0</b>	<b>1.0</b>	<b>3.0 (18)</b>

**Best:** YJFL - M Pittonet, M Krywyn, C Tate, J Halsall, D Costanzo, E Santoro  
NFL - T Burns, C Tindal, A Dezan, A Valeri, D Watson, R Schraven

**Goals:** YJFL - M Krywyn 6, M Pittonet 2, J Benton 2, D Costanzo 2, L Annett, C Tate, F Creelman, W Knight, J Yosiffidis  
NFL - R Schraven 2, M Firth



## Under 15 Division 1

### Round 1

<b>DDJFL</b>	<b>6.11 (47)</b>	<b>NFL</b>	<b>1.5</b>	<b>6.9</b>	<b>6.11</b>	<b>8.11 (59)</b>
<b>NFL</b>	<b>4.12 (36)</b>	<b>EDFL</b>	<b>3.4</b>	<b>3.7</b>	<b>7.10</b>	<b>12.12 (84)</b>

**Best:** DDJFL - N Smith, K Kean, C McCartney, D Anderson, J Opteynde, T Wing

NFL - T Hughes, N McKeown, B Waugh, P Higgins, J Turner, D Valeri

**Goals:** DDJFL - C McCartney 2, D Gawley 2, K Kean, T Wing, J Donaldson

NFL - L Harrison, J Kalanj, L Hunt, T Hughes

### Round 2

<b>NFL</b>	<b>1.5</b>	<b>6.9</b>	<b>6.11</b>	<b>8.11 (59)</b>
<b>EDFL</b>	<b>3.4</b>	<b>3.7</b>	<b>7.10</b>	<b>12.12 (84)</b>

**Best:** NFL - J Turner, D Valeri, T Hughes, J Potter, J Soccio, J Vaccaro

EDFL - J Blake, J Greiser, J Rule, F Smith, A Prestia, T Forbes

**Goals:** NFL - J Abdulhadi 2, L Pender, L Hunt, J Potter, J Turner, J Doherty, N McKeown

EDFL - F Smith 3, M Jensen 2, T Forbes 2, J Greiser, R Asciak, J Rule, A Prestia, G Walker

### Round 3

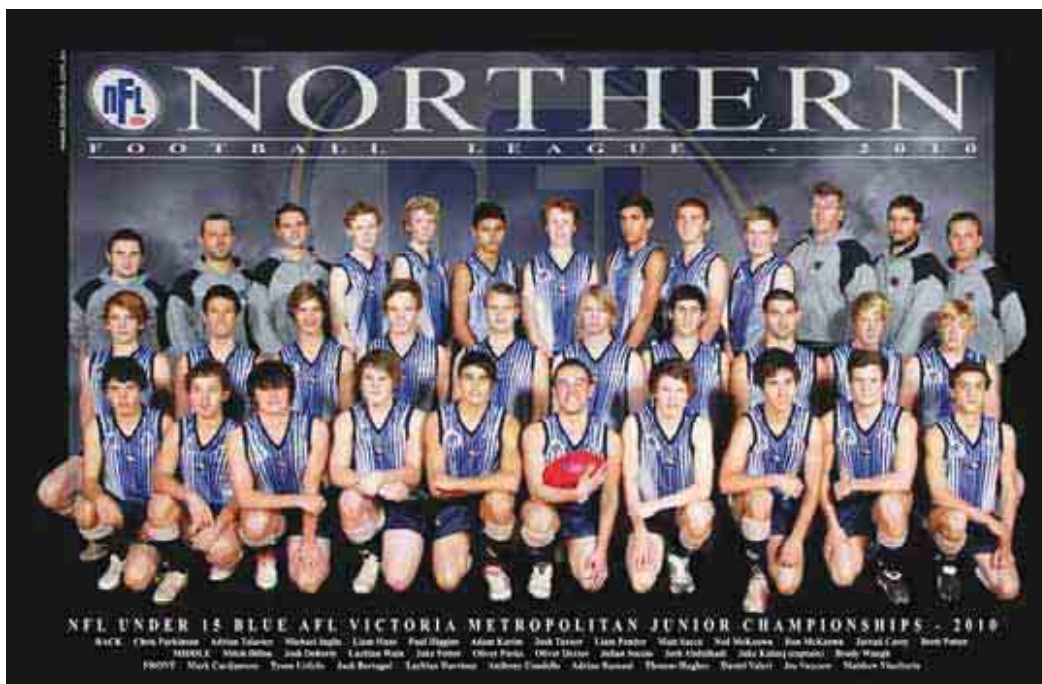
<b>NFL</b>	<b>2.1</b>	<b>2.3</b>	<b>6.3</b>	<b>7.5 (47)</b>
<b>YJFL</b>	<b>5.0</b>	<b>7.2</b>	<b>8.2</b>	<b>9.5 (59)</b>

**Best:** NFL - J Soccio, J Kalanj, A Ramani, A Condello, M Cardamone, O Dexter

YJFL - J Billings, B Lennon, R Wilton, A Franetic, J Kennedy Harris, B Borland

**Goals:** NFL - J Abdulhadi, T Ulrichs, J Potter, A Karim, M Cardamone, J Doherty, T Hughes

YJFL - B Lennon 3, L McDonald 2, T Havers, W Maginness, J Scoulidis, M Collins



## Under 15 Division 2

### Round 1

<b>NFL</b>	<b>0.0</b>	<b>2.3</b>	<b>6.6</b>	<b>8.10 (58)</b>	<b>YJFL</b>	<b>4.5</b>	<b>7.7</b>	<b>7.11</b>	<b>8.17 (65)</b>
<b>EFL</b>	<b>3.3</b>	<b>5.4</b>	<b>7.7</b>	<b>9.7 (61)</b>	<b>NFL</b>	<b>1.0</b>	<b>3.0</b>	<b>5.2</b>	<b>9.4 (58)</b>

**Best:** NFL - T White, A Mokbel, J Bramble, J Imbriano, J Rizzolio, M Gandolfo

EFL - J Belo, J Battaglione, M Keedle, S McInerney, D Jamieson, R Murray

**Goals:** NFL - C Yates 3, J Bramble 2, J Rizzolio, N Sleep, A Mokbel

EFL - R Murray 3, J Clements 3, D Jamieson, M Keedle, J Belo

### Round 2

<b>YJFL</b>	<b>4.5</b>	<b>7.7</b>	<b>7.11</b>	<b>8.17 (65)</b>
<b>NFL</b>	<b>1.0</b>	<b>3.0</b>	<b>5.2</b>	<b>9.4 (58)</b>

**Best:** YJFL - M Lane, D Smith, N Valkanis, O Welsh, A Anderson, J Antypas

NFL - J Rizzolio, A Miceli, A Mokbel, J Russell, N Sleep

**Goals:** YJFL - J Antypas 4, J Nitsopoulos 3, O Welsh  
NFL - A Mokbel 2, N Sleep 2, M Bontempelli, J Rizzolio, C Yates, M Gandolfo, J Bramble

### Round 3

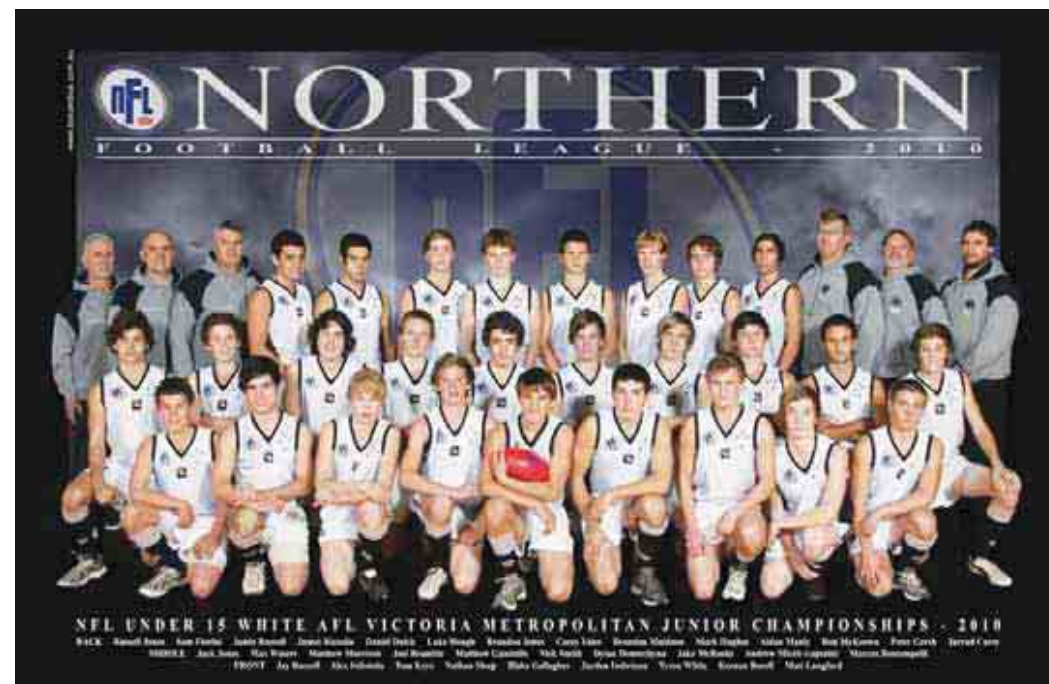
<b>NFL</b>	<b>4.3</b>	<b>7.4</b>	<b>10.5</b>	<b>12.7 (79)</b>
<b>WRFL</b>	<b>2.0</b>	<b>2.0</b>	<b>4.2</b>	<b>9.2 (56)</b>

**Best:** NFL - B Muldoon, M Waters, J Russell, B Jones, B Gallagher

WRFL - M Appleby, B Kuypers, W Ostrowsky, T Madden, C Utri, M Maglogiannis

**Goals:** NFL - M Gandolfo 3, M Waters 2, N Sleep 2, J Russell, T White, B Muldoon, T Keys, C Yates

WRFL - M Appleby 3, C Utri 2, M Maglogiannis, K Gilbert, D Fraser, W Ostrowsky







# 2010 AFL Victoria & NFL

## Quality Club Accreditation

The concept of the Quality Club Program is to provide an opportunity for all community football clubs in Victoria to achieve a minimum standard of club administration and to recognise and reward clubs for achieving the base standard through to standards of excellence.

Congratulations to all clubs in the NFL who have now become the first League in Victoria to have every Club achieve a minimum of Bronze Level. All clubs are proudly representing the NFL, and make it the one of the most successful Leagues in the Vic Metro area.

It would now be great if Clubs try and achieve the next level in 2011. Well done again.

### Gold Accreditation

#### Senior Clubs

West Preston-Lakeside FC

### Silver Accreditation

#### Senior Clubs

Fitzroy Stars FC  
Reservoir FC

#### Junior Clubs

Greensborough JFC  
Lalor Stars JFC  
South Morang JFC  
Research JFC

West Preston-Lakeside FC

Northcote JFC  
Mill Park JFC  
Yarrambat JFC

### Bronze Accreditation

#### Senior Clubs

Montmorency FC  
Parkside FC  
West Preston-Lakeside FC  
Hurstbridge FC  
Greensborough FC  
Fitzroy Stars FC  
Reservoir FC  
North Heidelberg FC  
Eltham FC  
Northcote Park FC  
Thomastown FC  
Heidelberg FC  
Diamond Creek FC

#### Junior Clubs

Whittlesea JFC  
Montmorency JFC  
Wallan JFC  
Mernda JFC  
Diamond Creek JFC  
Lalor Bloods JFC  
South Morang JFC  
West Lalor JFC

St Mary's SFC  
Heidelberg West FC  
Lalor FC  
Panton Hill FC  
Watsonia FC  
Epping FC  
Mernda FC  
South Morang FC  
Bundoora FC  
Lower Plenty FC  
Macleod FC  
Whittlesea FC



## Fair Game - Respect Matters

'Fair Game' is a tool to help clubs put the AFL Respect Matters Policy into practice.

Fair Game aims to increase participation of women & girls by addressing attitudinal change of:

- Players
- Community
- Administration
- Staff (coach, trainers, runners)

Fair Game aims to create and implement:

- Respectful safe environments
- Inclusive club initiatives for women & girls
- Respect Matters is about changing violence supportive attitudes at all levels of the AFL – elite players and coaches, AFL Victoria, the NFL and community clubs are all included.
- Women don't want to change footy, they love it (research, numbers and participation tell us that)
- They do want to feel safe, included and respected as equal participants in the roles they choose to play (both on and off the field).
- Families want their children to enjoy footy and not be bullied (or they vote with their feet).
- Pride itself on Family Club – have a number of women involved with the club

### NFL Clubs Outcomes Since The Program Started In 2008

- Higher % of women at social events
- 4 x female Presidents in NFL 2010
- Improved relationships between Senior and Junior Clubs by appointing a liaison officer
- Amalgamated netball/football presentation nights: incorporated as sports clubs
- Walking group to improve parents social links
- Football and Netball to form a sporting club
- Code of conduct at clubs which includes respect and anti-violence against women
- Women have 256 roles across committees in the NFL in 2010
- 272 umpires – 35 female, 3 senior umpires
- In 2008, female umpires made up 1.7% of umpires
- Participation in the AFL Vic Quality Club Program



### NFL Initiatives

- Ladies night for the first time - 70 women attended 2009, 250 tickets sold in 2010
- Information nights for new members & welcoming committee
- Advertising that women are welcome to apply for all positions within club
- Fair Game: Respect Matters sessions to club members on violence against women & children & the role football clubs can play to eradicate community violence
- Facilities upgrades taken place at a number of clubs e.g. Lighting, club rooms, and female toilets grounds. FG:RM has assisted clubs with their submissions to councils.
- Sponsor 'Breast Cancer Launch', and want to be a part of future 'White Ribbon' campaigns

### Comments From NFL Clubs

- Lower Plenty F.C. – "More women are involved in the committee, making females feel safer and having females to approach in the club".
- Montmorency F.C. – "More women and families in the clubrooms, especially on Thursday nights and after the game".
- St Marys S.F.C. – "As a new club we are developing our policies with respect and responsibility at the forefront".
- Eltham F.C. – "Is committed to providing a safe and welcome environment for women and families within all areas of our club".
- West Preston Lakeside F.C. – "Improve our facilities to find a female coach for 2010 to support. Educate our members, players, and committee – respect matters".
- Eltham J.F.C. – "Enhance our clubs reputation as an inclusive club which actively represents and provides opportunity for all men and women".

### Indicators For Success

Increased participation and comfort of women and girls in all aspects of the club	Achieved
Contribution to preventing violence against women within the participating league and its communities	Achieved
Clubs actively recruit women and women assume a wider variety of roles in the club - particularly non-traditional roles such as coaching/umpiring	Achieved
Women and girls mentored to become involved in non-traditional roles by experienced club members	Achieved
More women are training to be coaches, umpires, officials etc, and more female teams/players	Achieved
Women feel supported in all roles	Achieved
Men supportive of women, mentor women in non-traditional roles	Achieved
Fair Game: Respect Matters now part of committee agendas	Achieved

For more information contact:

Darryl Collings ph: 8663 3074  
Club Development Manager  
AFL Victoria  
GPO Box 4337  
Melbourne Vic 3001

Phiv Demetriou ph: 9432 2427  
Community Development Manager  
AFL Victoria, Northern Region  
PO Box 405  
Greensborough Vic 3088

## AFLCA Coach of the Year - Northern Region

On Wednesday 8th of September, the Northern Region held its annual Coach of the Year Evening at Ballara Receptions in Eltham. The Gala evening was sponsored by Championship Moves – Real Champs look out for their mates, and it was attended by over 190 people. There was strong representation from AFL Victoria, the Northern Football League, Yarra Junior Football League, Northern Bullants and the Northern AFLCA Committee.

We were fortunate enough to have four very special guests, in Peter Hudson (AFL Legend), Robert Harvey (Dual Brownlow Medallist), Brad Scott (North Melbourne Coach) and Debbie Lee (Women's Football Legend). The four guests participated in a Panel Q and A, which was enthralling for all in the room and presented the awards to coaches in their respective categories.

We congratulate all the nominees from the Northern Football League across the following categories, with special mention to the winners who have been highlighted.

### Senior

Mario Bandera - Epping

Peter Bugden - Whittlesea

Adam Contessa - Bundoora

John Garrard - Panton Hill



### Searle AFL Victoria Female Coach of the Year

Peta is an accredited Level Two coach who has been involved in the VWFL for over 17 years as a player and coach. She is a great communicator, well organised and innovative in her coaching. During the off season she conducted player interviews to ascertain the individual skill needs. This then formed a major part of preseason training to ensure players developed and were afforded the best opportunity to achieve their goals. Peta has created a friendly and positive learning environment for the squad.

AFLCA Victoria President Stan Alves presented a Lifetime Achievement to Community Coaching Award

### Youth

Travis Stephens – St Marys JFC

Tony Norris – St Marys JFC

Rob Evans – Montmorency JFC

Vince Fontana - Northcote JFC

Peter McNeil – North Heidelberg JFC

Richard Dal Pos – Darebin Women's Sports Club

Con Ioannidis – Mill Park JFC

Paul Grey – West Lalor JFC

### Auskick

Leighton Lewis - Diamond Creek

Mark Fyffe - Watsonia

Ken Sparks – Apollo Parkways

Craig Peacock – Glen Katherine

Jeff Dunn – Glen Katherine

### Female

Peta Searle - Darebin Women's Sports Club

Rachel Wallace – Research Auskick

### Contribution To Football

Ian Cole - Watsonia North



which acknowledged Keith Burns, from the Northern Region, contribution to coaching and coach education in Victoria.

Some of Keith's achievements include coaching 785 game over a period of 38 years, at a number of levels including Victorian Primary School teams, community clubs in the Diamond Valley Football League, Collingwood Under 19s and Northern Knights Under 18s. In the area of coach education Keith has presented and coordinated courses for 1000's of community coaches, primary and secondary teachers and tertiary students.

## Social Responsibility Education Program

In 2010 the Northern Football League (NFL), in conjunction with AFL Victoria's support and Victoria Police initiated an Education Program on Social Responsibility to players of NFL Clubs at the Under 15 to 17 and Senior levels. By mid August, over 3,000 players had been educated on the topics outlined below:

- Effects of Bullying
- Drugs and Alcohol
- Binge Drinking
- Violence – domestic and public
- Depression
- Drink Driving
- Enjoying environments that are for all no matter the culture, gender or level of person
- The importance and inclusion of women in football clubs

Congratulations to all clubs that undertook the Education Nights. The nights have proven to be very successful with the presentations being of a high quality and delivered in a very professional manner. The messages delivered by Impact Football Solutions, namely Peter Gillson and Rick Irwin, plus the AFL Players, etc. have been very powerful, meaningful and reality.

The feedback from clubs has been outstanding as a result of the nights.

Below is a snapshot of the Program thus far:

- 32 Clubs have completed the Program thus far – 17 Senior, 15 Junior. This includes the leadership group and Captains and Coaches of all teams.
- Around 3000 players, not including parents, at Junior Clubs and Committee members have attended – this figure would be over 3600 people, including everyone who has had exposure to the program
- Staff and students from St Helena Secondary College were also in attendance in conjunction with

the Greensborough FC, which was held at St Helena Secondary College on Wednesday, July 28

- Players who have appeared and delivered presentations and powerful messages have included, Gary Ayres, Shaun Higgins, Marc Murphy, Lindsay Gilbee, Dale Weightman, Paul Hudson, Col Kinnear, Brent Stanton, Peter Daicos (used the Championship Moves example relaying the Darren Millane story to West Preston Lakeside FC) – a mixture of old, present, Assistant AFL Coaches, Ex-AFL Coaches; they have all made comments about the Championship Moves vision, re: saving a mate
- Program delivered by Impact Football Solutions' Peter Gillson and Rick Irwin has been brilliant in conjunction with the players. They have heavily promoted Championship Moves
- Clubs have promoted it in their notes section of the Football Record eg. Parkside FC
- Partnership and assistance from the Victoria Police, who have also witnessed and are supportive of Championship Moves. They were in attendance at St Helena.
- As well as Championship Moves, other topics in the presentation have included Drugs and Alcohol, Binge Drinking, Drink Driving, Importance and inclusion of Women in Football Clubs, with vision covered and statistics provided

The Education Program not only targeted 18-24 year olds, but promoted the AFL Victoria brand, AFL Coaches Association, and the Victorian Government in sending key messages of "real champions anticipate trouble, avoid confrontation, and help make sure their mates do too" to under 15-17 year olds and all players on Senior lists. The message was also relayed to youth girls teams who have an association with NFL teams (Lalor Stars, Keon Park and Diamond Creek)







# Communities Working Together

The Northern Football League held a Charity Round in Round 8 with a much anticipated match between Greensborough and Bundoora the centrepiece of the round.

The two clubs came together for a fundraising day for the McGrath Foundation and their continuing work towards breast cancer awareness.

As well as three senior games of football, the day featured auctions, raffles, signed memorabilia, and other fundraising activities.

A pink Sherrin was used as the match ball in all games, with Greensborough even parting ways with their traditional green strip for the first time in over 105 years, with a white and pink jumper worn on the day.

The day was a massive success with over \$10,000 raised at War Memorial Park, and Greensborough Vice-President Russell Grubb believes that the football club environment was pivotal to the importance of the event. "Whether it's us here at Greensborough, or Bundoora, or any of the other NFL clubs throughout all the divisions, we're a pretty important part of a lot of people's lives on a day-to-day basis – the Charity Day was just another extension of it," said Mr Grubb.

Elsewhere around the league, the Mill Park Football Club held a Charity Day on Sunday May 30 at Redleap Reserve in support of the White Ribbon Foundation of Australia.

The White Ribbon Foundation of Australia aims to eliminate violence against women by promoting culture-change around the issue.

"With our clubs' recent involvement with the Fair Game Respect Matters program, we felt that a charity involving women would be a great charity to get involved with and violence against women is still a massive issue in our community," said organiser of Mill Park's Charity Day, Jackie Aquilina.

The Northern Umpires Association supported their local Salvation Army Branch coinciding with the start of the Salvo's 2010 Red Shield Appeal.

While Round 9 saw both North Heidelberg and Lalor face each other for the inaugural Hancock/Morrison Cancer Cup.

Over the last three seasons, both clubs have united to help each other raise funds for Scott Morrison and young Aiden Hancock, who have both had their separate battles with cancer.

The Northern Football League helped to raise the profile of the White Ribbon Campaign and Prostate Cancer Awareness by having both logos painted onto the turf of Preston City Oval for the Division 1 and 2 Grand Final days. This was done in conjunction with the Darebin and Banyule councils.

To launch the previously mentioned Social Responsibility program, the NFL held a luncheon attended by among others, Andrew Demetriou (AFL CEO), Peter Schwab (AFL Victoria CEO), and Danielle Green MP (State Member for Yan Yean). The League was lucky to have Ms Green contribute towards the program, while Mr Demetriou gave an intimate speech on the role of local football in the community - opposite is an extract from the speech.



## Andrew Demetriou - AFL CEO

Can I start by acknowledging the Northern Football League and thank them for inviting me to come and speak today.

Coming out here to Ivanhoe is a nice reminder of what community football is all about. Because it's out here in the suburbs and in the regions around Victoria that our game is played and enjoyed by thousands of people each week.

Indeed, football and sport in general is the lifeblood of many of these communities. Life revolves around the local footy club, the local cricket club or netball club, whether it be at senior or junior level.

On a Saturday afternoon, football brings people together. It gives them a chance to put the hassles of their daily lives aside for a few hours and enjoy something they love. Something they are passionate about.

They could be players, officials, volunteers or spectators. Mums, Dads, kids, men and women of all ages and backgrounds come together to form their own little communities and celebrate all that's good about them.

Football is not just about what happens at the MCG on a Saturday afternoon. It's also about what happens at the local footy ground, be it in Ivanhoe, Diamond Creek, Balwyn or Bendigo. For me growing up it was Coburg and Pascoe Vale.

Community football is still a big part of the Demetriou family. As some of you know, my brother Phiv works as a community development manager in the Northern Region.

I can assure you Phiv is quick to let me know if he ever thinks I might be losing touch with the grassroots of the game. I guess there's nothing like an older brother to bring you into line.

But there's a lot to love about community football and I'm reminded of it whenever I go to game.

It could be the cars parked around the fence, the spectators enjoying a kick on the ground during half time or listening to the coach's speech in the huddle at three quarter time. It could be the volunteers manning the gate or the canteen.

It can sound quaint at times but it's real. It's also important because it's what binds us together as a community. It was no better illustrated than in Kinglake where football helped rally a community in a time of need.

Community and junior football are also where future champions are born. It's why we asked our AFL players to go back to their junior clubs during our 150th anniversary celebrations two years ago.

Because we wanted to pay homage to community football and remind people right across the country of that important connection between the game and their communities. For players to show their appreciation to those who helped them on the way to the elite level.

This year we are negotiating our next broadcast agreement. No doubt many of you have following it in the

newspapers, about how many millions or billions of dollars we're going to get.

But what those obsessed with dollars signs forget is that the money we generate from broadcast rights is re-invested back into the game. It's invested back into our clubs and facilities. To ensure the game remains strong and viable for future generations.

The AFL may be moving into new frontiers in the Gold Coast and Greater Western Sydney but we won't be forgetting the grassroots of the game. We want to invest in community football because we know it's just as important to build at the grassroots as it is at the elite level.

It's why it always disappoints when some people are quick to talk down community football – or any sport for that matter. To focus on the occasional incidents involving spectators or the ugly parents which mar the game from time to time.

Let me be clear here. No incident is ever acceptable. I think we all agree that anything that detracts from the enjoyment of spectators, players and anyone involved with the game can't be tolerated.

That's why we have the Personal Conduct policy to work with clubs to educate, encourage players and officials at our clubs to abide by the community standards of behaviour.

That's why leagues have introduced their own codes of conduct. It's why we have the AFL Kids First Program, to promote good social behavior in junior sport, particularly from parents.

It's why AFL Victoria has the Fair Game: Respect Matters Program to compliment the AFL's Respect and Responsibility program to build welcoming and inclusive environments for women.

For this I want to also acknowledge Vic Health for their commitment to the program and the work the Northern Football League has done to implement it across their clubs.

As well as its own 'Respect' program, the Northern Football League is also planning to introduce compulsory education sessions for all players aged 15 and over, around social issues such as drugs and alcohol, drink driving, street violence and binge drinking.

I want to acknowledge the President of the Northern Football League, Ron Bongetti, its CEO Kevin Crompton, and all those on his team for this initiative, which will be a first for any league in Victoria.

Thankyou to everyone involved in our game at a community level. To the players, coaches, officials, supporters, sponsors and the thousands of volunteers.

Thankyou for your passion, commitment, good humour and for the countless hours you give of your time so we can all enjoy the game we love and hopefully build a better community for all.

at the Centre Ivanhoe, Friday May 7, 2010



# 2010 League Directory

**Registered Office**  
NFL Office  
Unit 11, 10-14 Simms Road  
Greensborough, VIC 3088

**Chairman**  
Ron Bongetti

**NFL Board**  
Ron Bongetti  
Tony Topp  
Jeff Parkes  
Robert Young  
Dean Philpots  
Peter Myers  
Harry Gasiamis

**Junior Committee Chairman**  
Dean Philpots

**Junior Committee**  
Jarrad Carey  
Cecilia McMillan  
Reece Cocks  
Greg Byatt

**Chief Executive Officer**  
Kevin Crompton

**Football Operations Manager**  
Jarrad Carey

**Administration/NFL Netball**  
Delwyn Berry

**Director of Umpiring**  
Kevin Smith

**Media Manager**  
Josh Berriman

**Tribunal Chairmen**  
Wally Tyrell  
Dinash Daniel  
Greg Hughan

**Tribunal Members**  
John Garlick  
Darrell Holt  
Bill McKenna  
Ken Wing Jan  
Paul McCrohan  
David Ainsworth  
John Moss  
Andrew Beames  
Bruce McDowell  
Michael El Moussalli  
Noel Voight

## Umpiring Panel

**SECRETARY**  
Brian Moore  
**FITNESS COACH**  
George Smith  
**JUNIOR UMPIRES COACH**  
Darren Agnew  
**GOAL UMPIRE COACH**  
Shane Herbert  
**BOUNDARY UMPIRE COACH**  
Doug Armstrong

## Northern Umpires Association

**PRESIDENT**  
Tony Mahony  
**VICE PRESIDENT**  
Josh Forner  
**SECRETARY**  
Craig Wright  
**TREASURER**  
Dylan Smith

## Junior Development Program

**Junior Development Coordinator**  
Ron McKeown

**Under 13**  
**COACHES**  
Craig Sleep  
Ben Shelton  
David Mitchell  
**SQUAD MANAGER**  
Tony Gjorgievski

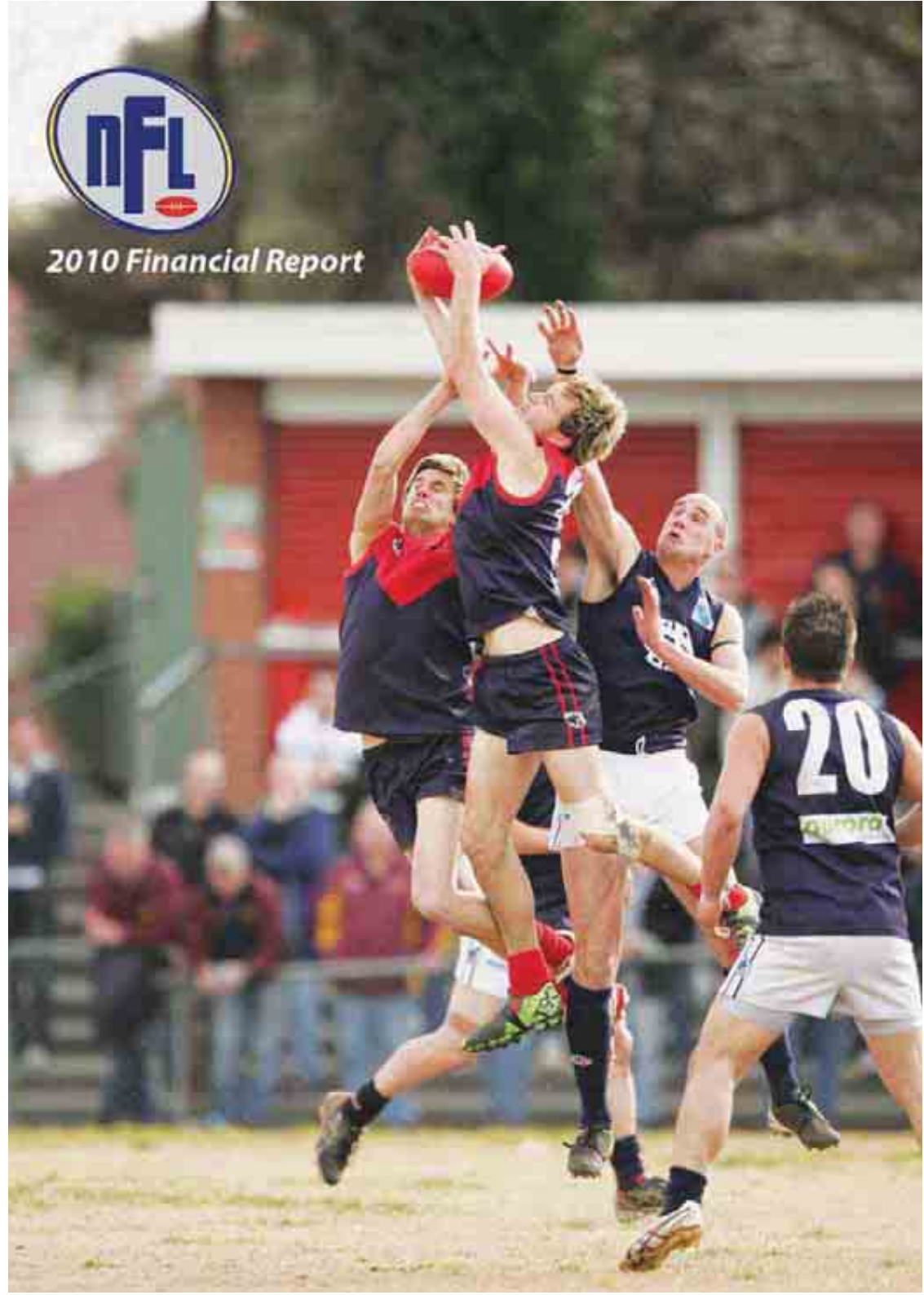
**Under 14**  
**COACHES**  
Darren Eldrett, Vince Romano,  
Jason McCall, Ash Brown,  
Dom Taglieri, Ross Clark  
**SQUAD MANAGER**  
Frank Barbera  
**TRAINER**  
Michael O'Kelly

**Under 15**  
**COACHES**  
Adrian Talarico, Peter Gersh,  
Brett Potter, Michael Inglis,  
Sam Fiorini, David Mitchell  
**SQUAD MANAGER**  
Jamie Russell  
**TEAM MANAGER**  
Chris Parkinson  
**HEAD TRAINER**  
Jo McKeown  
**TRAINER**  
Russell Jones

**Under 16**  
**COACHES**  
Ray Shaw  
Brad Murray  
Ross Fairweather



## 2010 Financial Report





**NORTHERN FOOTBALL LEAGUE INC.**
**ABN 86 607 912 971**
**Income and Expenditure Statement**
**For the year ended 31 October 2010**

	2010 \$	2009 \$
<b>Income</b>		
Sales	122,920	125,853
Advertising	28,845	28,050
Affiliation fees	55,000	56,000
AFL Victoria Grants	42,142	45,962
Apparel sales	290,973	300,531
Finals	297,314	307,670
Fines	10,330	11,515
Insurance - Clubs	56,330	61,604
Interleague	12,455	27,043
Netball	22,832	4,439
Player registrations	28,908	29,844
Presentations	41,873	40,898
Records	42,180	41,712
Sponsorships	48,193	39,157
Umpires	387,762	349,507
Education programme	11,364	
Interest received	7,515	5,482
Other income	19,825	1,083
Royalties received	39,820	63,196
Subsidies & grants	10,000	2,000
<b>Total income</b>	<b>1,576,581</b>	<b>1,541,544</b>
<b>Expenses</b>		
Advertising & promotion	675	1,684
Apparel purchases	265,293	302,547
Audit fees	5,500	6,000
Bank fees & charges	521	876
Provision for doubtful debts	30,000	13,010
Board expenses	3,569	690
Club education programmes	20,000	
Community programs	445	511
Computer supplies & expenses	1,774	7,389
Consultants fees	60	909
Depreciation	3,368	2,521
Donations		54
Education programme launch	10,987	

**NORTHERN FOOTBALL LEAGUE INC.**
**ABN 86 607 912 971**
**Income and Expenditure Statement**
**For the year ended 31 October 2010**

	2010 \$	2009 \$
Employment expenses	278,730	241,181
Finals	161,062	127,239
Freight & cartage	421	762
Fringe benefits tax	1,039	
Insurance - General	58,511	54,277
Interleague	30,286	43,051
Investigation expenses	450	968
Legal fees		4,288
Materials & supplies	161,243	174,067
Meeting expenses	1,304	1,060
M/V car - Other	14,790	16,583
Netball	17,339	4,908
Office expenses	2,759	2,194
Postage	1,699	1,748
Presentation functions	48,521	47,289
Printing & stationery	9,454	11,490
Property expenses	20,184	6,539
Provision for building fund		29,271
Publications	4,047	2,738
Radio show	10,388	11,680
Provision for annual leave	5,643	
Season launch	3,845	3,100
Subscriptions	678	2,935
Stock shrinkage & adjustments	(943)	2,944
Sundry expenses	5,513	745
Telephone	14,714	13,676
Tribunal expenses	868	
Umpires	368,179	353,798
<b>Total expenses</b>	<b>1,562,917</b>	<b>1,494,722</b>
<b>Profit from ordinary activities before income tax</b>	<b>13,664</b>	<b>46,822</b>
Income tax revenue relating to ordinary activities		
<b>Net profit attributable to the association</b>	<b>13,664</b>	<b>46,822</b>
<b>Total changes in equity of the association</b>	<b>13,664</b>	<b>46,822</b>
Opening retained profits	713,216	666,394
Net profit attributable to the association	13,664	46,822
<b>Closing retained profits</b>	<b>726,881</b>	<b>713,216</b>

**NORTHERN FOOTBALL LEAGUE INC.**

ABN 86 607 912 971

Balance Sheet As At 31 October 2010

	Note	2010 \$	2009 \$
<b>Current Assets</b>			
Cash assets	4	277,339	268,198
Receivables	5	106,961	96,641
Inventories	6	85,101	67,677
<b>Total Current Assets</b>		<b>469,400</b>	<b>432,516</b>
<b>Non-Current Assets</b>			
Property, plant and equipment	7	386,020	389,388
<b>Total Non-Current Assets</b>		<b>386,020</b>	<b>389,388</b>
<b>Total Assets</b>		<b>855,421</b>	<b>821,904</b>
<b>Current Liabilities</b>			
Payables	8	61,182	59,714
Current tax liabilities	9	8,786	4,693
Provisions	10	58,572	44,281
<b>Total Current Liabilities</b>		<b>128,540</b>	<b>108,688</b>
<b>Total Liabilities</b>		<b>128,540</b>	<b>108,688</b>
<b>Net Assets</b>		<b>726,881</b>	<b>713,216</b>
<b>Members' Funds</b>			
Retained profits		726,881	713,216
<b>Total Members' Funds</b>		<b>726,881</b>	<b>713,216</b>

