

# **NORTHERN FOOTBALL NETBALL LEAGUE INCORPORATED**



## **SCHEDULE 38: JUNIOR NETBALL RULES MATRICES**

**Adopted  
November 2022**

## Junior Netball Rule Matrices

ALL GENDERS				
AGE GROUP	Under-9	Under-11	Under-13	Under-15
PHASE	Development	Development	Competition	Competition
REGULATIONS				
<b>Court Size</b>	Standard	Standard	Standard	Standard
<b>Goal Post Size</b>	Standard	Standard	Standard	Standard
<b>Players on Ground</b>	Max: 7 Min: 5	Max: 7 Min: 5	Max: 7 Min: 5	Max: 7 Min: 5
<b>Players on bench</b>	5	5	5	5
<b>Evening up rule</b>	✓	✓	✓	✓
<b>Ball</b>	Size 5	Size 5	Size 5	Size 5
<b>Quarter Duration (mins)</b>	10	10	10	10
<b>Break Duration (mins) ¼ - ½ - ¾</b>	.30 – 1 - .30	.30 – 1 - .30	.30 – 1 - .30	.30 – 1 - .30
<b>Scoring and Finals</b>	No scores, ladders, or finals	No scores, ladders, or finals	✓	✓
<b>Results</b>	No recording of best players or goalers	No recording of best players or goalers	✓	✓
<b>Mercy Rule</b>	N/A	N/A	✓	✓
<b>Coach Position</b>	On-court	Sideline	Bench	Bench
<b>Umpires</b>	Court: 1	Court: 1	Court: 2	Court: 2
LAWS				
<b>Stepping</b>	Modified	✓	✓	✓
<b>Obstruction</b>	Modified	✓	✓	✓
<b>Contact</b>	✓	✓	✓	✓