# NORTHERN FOOTBALL NETBALL LEAGUE INCORPORATED 



## SCHEDULE 32: JUNIOR FOOTBALL RULES MATRICES

## Adopted May 2016

NFNL Junior Football Rules: Mixed \& Male Competitions

|  | MIXED |  |  |  |  |  | MALE |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AGE Group | Under-9 | Under-10 | Under-11 | Under-12 | Under-13 | Under-14 | Under-15 | Under-16 | Under-17 |
| D.o.B | 1/1/14-30/4/15 | 1/1/13-31/12/13 | 1/1/12-31/12/12 | 1/1/11-31/12/11 | 1/1/10-31/12/10 | 1/1/09-31/12/09 | 1/1/08-31/12/08 | 1/1/07-31/12/07 | 1/07/05-31/12/06 |
| PHASE | Development | Development | Competition | Competition | Competition | Competition | Competition | Competition | Competition |
| REGULATIONS |  |  |  |  |  |  |  |  |  |
| Ground Size | $100 \mathrm{~m} \times 80 \mathrm{~m}$ | 2/3 full size | Full size | Full size | Full size | Full size | Full size | Full size | Full size |
| Zones | $\checkmark$ | $\checkmark$ | $\times$ | $\times$ | $\times$ | $\times$ | $\times$ | * | $\times$ |
| Players on Ground | $\begin{aligned} & \text { Max: } 15 \\ & \text { Min: } 9 \end{aligned}$ | $\begin{aligned} & \text { Max: } 18 \\ & \text { Min: } 14 \end{aligned}$ | $\begin{aligned} & \text { Max: } 18 \\ & \text { Min: } 14 \end{aligned}$ | $\begin{aligned} & \text { Max: } 18 \\ & \text { Min: } 14 \end{aligned}$ | $\begin{aligned} & \text { Max: } 18 \\ & \text { Min: } 14 \end{aligned}$ | $\begin{aligned} & \text { Max: } 18 \\ & \text { Min: } 14 \end{aligned}$ | $\begin{aligned} & \text { Max: } 18 \\ & \text { Min: } 14 \end{aligned}$ | $\begin{aligned} & \text { Max: } 18 \\ & \text { Min: } 14 \end{aligned}$ | $\begin{aligned} & \text { Max: } 18 \\ & \text { Min: } 14 \end{aligned}$ |
| Players on Bench | 9 | 6 | 6 | 6 | 6 | 6 | 6 | 6 | 6 |
| Evening Up Rule | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Ball | Size 2 Synthetic | Size 2 Synthetic | Size 3 Synthetic | Size 3 Leather | Size 4 Leather | Size 4 Leather | Size 5 Leather | Size 5 Leather | Size 5 Leather |
| Quarter Duration (mins) | 12 | 12 | 15 | 15 | 15 | 15 | 20 | 20 | 20 |
| Break Duration (mins) $1 / 4-1 / 2-3 / 4$ | 5-10-5 | 5-10-5 | 5-10-5 | 5-10-5 | 5-10-5 | 5-10-5 | 5-10-5 | 5-10-5 | 5-10-5 |
| Scoring \& Finals | No scores, ladders or finals | No scores, ladders or finals | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Results | No recording of best players or goal kickers | No recording of best players or goal kickers | No recording of best players or goal kickers | No recording of best players or goal kickers | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Mercy Rule | N/A | N/A | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Coach Position | On-field | On-field | Bench | Bench | Bench | Bench | Bench | Bench | Bench |
| Umpires | Field: 1 (NFNL) <br> Boundary: 0 <br> Goal: 2 | Field: 1 (NFNL) <br> Boundary: 0 <br> Goal: 2 | Field: 1 (NFNL) <br> Boundary: 2 <br> Goal: 2 | Field: 1 (NFNL) <br> Boundary: 2 <br> Goal: 2 | Field: 1 (NFNL) Boundary: 2 Goal: 2 | Field: 1 (NFNL) <br> Boundary: 2 <br> Goal: 2 | Field: 2 (NFNL) <br> Boundary: 2 <br> Goal: 2 | Field: 2 (NFNL) Boundary: 2 Goal: 2 | Field: 2 (NFNL) <br> Boundary: 2 <br> Goal: 2 |
| LAWS |  |  |  |  |  |  |  |  |  |
| Tackling | Modified | Modified | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Bumping | $\times$ | $\times$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Stealing | $\times$ | * | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Barging | x | * | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Smothering | $\times$ | $\times$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Shepherding | * | $x$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Fending | $\times$ | $\times$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Bouncing | 1 max | 1 max | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Kicking Off Ground | $\times$ | $\times$ | $\times$ | $\times$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Marking (m) | Any distance | Any distance | 10 | 10 | 15 | 15 | 15 | 15 | 15 |
| Playing On | $\times$ | - | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Advantage | $\times$ | $\times$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Ball-ups | Nominated players of equal size / must tap | Nominated players of equal size / must tap | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Throw-ins | $\times$ | $\times$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Behind Scored | Ball returned to centre | Ball returned to centre | Kick in | Kick in | Kick in | Kick in | Kick in | Kick in | Kick in |
| Penalty Distance (m) | 10 | 10 | 25 | 25 | 25 | 25 | 25 | 25 | 25 |
| Deliberate Out of Bounds | $\times$ | $\times$ | $\times$ | * | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Deliberate Rushed Behind | $\times$ | $\times$ | $\times$ | $\times$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |

NFNL Junior Football Rules: Female Competitions

|  | FEMALE |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| AGE GROUP | Under-10 | Under-12 | Under-14 | Under-16 | Under-18 |
| D.O.B | 1/1/13-31/12/13 | 1/1/11-31/12/11 | 1/1/09-31/12/09 | 1/1/07-31/12/07 | 1/07/04-31/12/05 |
| PHASE | Development | Competition | Competition | Competition | Competition |
| REGULATIONS |  |  |  |  |  |
| Ground Size | $80 \mathrm{~m} \times 60 \mathrm{~m}$ | 2/3 full size | Full size | Full size | Full size |
| Zones | $\checkmark$ | $x$ | $x$ | $x$ | $x$ |
| Players on Ground | Max: 15 <br> Min: 9 | Max: 15 <br> Min: 11 | Max: 18 <br> Min: 14 | Max: 18 <br> Min: 14 | Max: 18 <br> Min: 14 |
| Players on Bench | 9 | 9 | 6 | 6 | 6 |
| Evening Up Rule | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Ball | Size 2 Synthetic | Size 3 Synthetic | Size 4 Synthetic | Size 4 Leather | Size 4 Leather |
| Quarter Duration (mins) | 12 | 12 | 15 | 15 | 15 |
| Break Duration (mins) $1 / 4-1 / 2-3 / 4$ | 5-10-5 | 5-10-5 | 5-10-5 | 5-10-5 | 5-10-5 |
| Scoring \& Finals | No scores, ladders or finals | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Results | No recording of best players or goal kickers | No recording of best players or goal kickers | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Mercy Rule | N/A | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Coach Position | On-field | Bench | Bench | Bench | Bench |
| Umpires | Field: 1 (NFNL) <br> Boundary: 0 <br> Goal: 2 | Field: 1 (NFNL) <br> Boundary: 2 <br> Goal: 2 | Field: 1 (NFNL) <br> Boundary: 2 <br> Goal: 2 | Field: 1 (NFNL) <br> Boundary: 2 <br> Goal: 2 | Field: 2 (NFNL) <br> Boundary: 2 <br> Goal: 2 |

LAWS

| Tackling | Modified | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Bumping | $x$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Stealing | $x$ | $x$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Barging | $x$ | $x$ | $\times$ | $\checkmark$ | $\checkmark$ |
| Smothering | $x$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Shepherding | $x$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Fending | $x$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Bouncing | 1 max | 2 max | 2 max | $\checkmark$ | $\checkmark$ |
| Kicking Off Ground | $\times$ | $\times$ | $\times$ | $\checkmark$ | $\checkmark$ |
| Marking (m) | Any distance | 10 | 10 | 15 | 15 |
| Playing On | $x$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Advantage | $x$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Ball-ups | Nominated players of equal size / must tap | Must tap | Must tap | $\checkmark$ | $\checkmark$ |
| Throw-ins | $\times$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Behind Scored | Ball returned to centre | Kick in | Kick in | Kick in | Kick in |
| Penalty Distance ( m ) | 10 | 25 | 25 | 25 | 25 |
| Deliberate Out of Bounds | $x$ | $x$ | $x$ | $\checkmark$ | $\checkmark$ |
| Deliberate Rushed Behind | $\times$ | $\times$ | $\times$ | $\checkmark$ | $\checkmark$ |

