



LA TROBE  
UNIVERSITY

# 2026 REPRESENTATIVE NETBALL

All information outlined in this booklet is provided as a guide only and may be subject to change based on program requirements.



# COMPETITIONS



- 2026 Netball Victoria Association Championships
  - 13&U
  - 15&U
  - 17&U
  - Open
- 2-3 Tournaments, various locations
  - 11&U
  - 13&U
  - 15&U
  - 17&U
  - Open TBC (*limited tournaments run for Open players*)



# PROGRAM STRUCTURE

## NFNL Rep System Structure



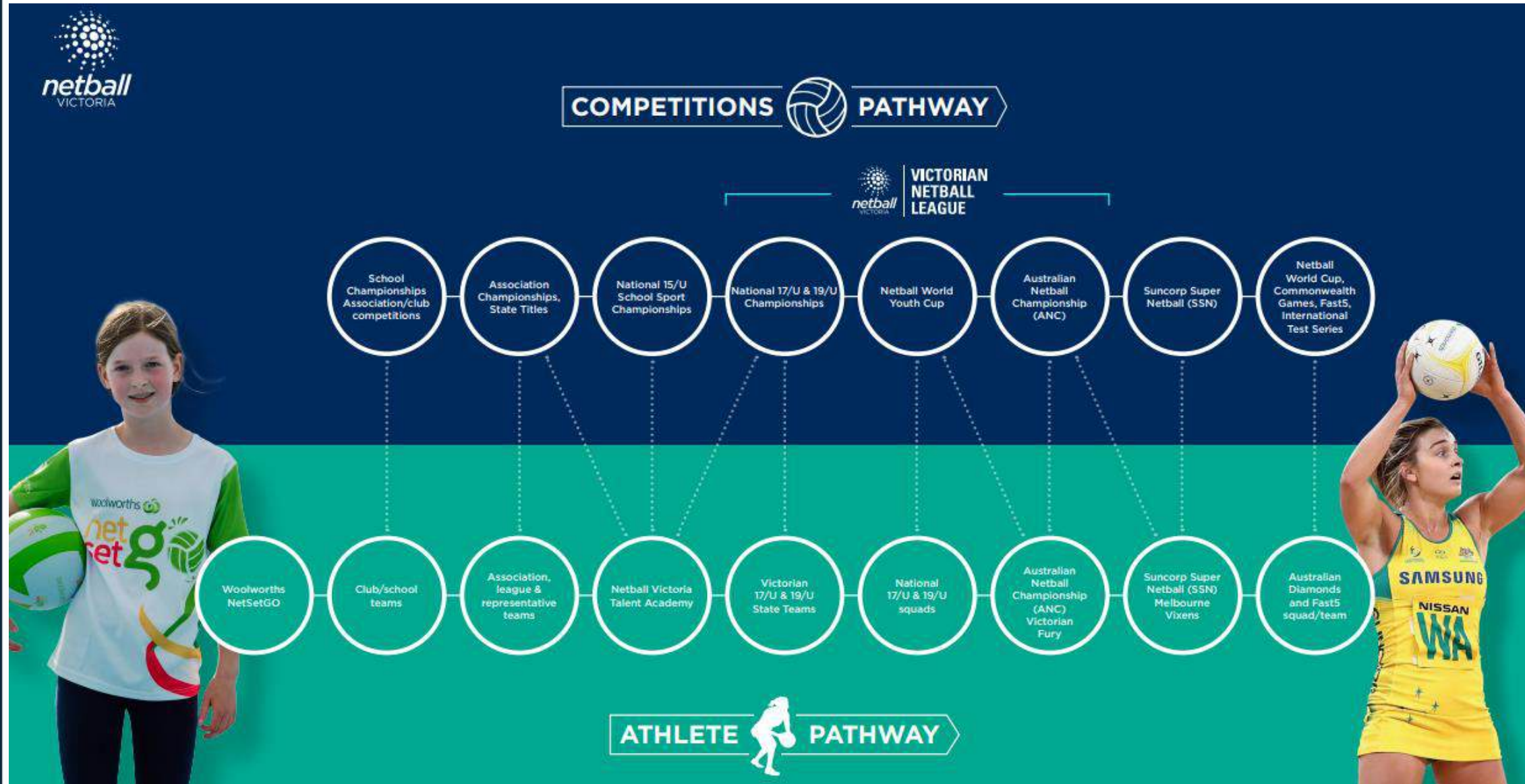
**NETBALL VIC ATHLETE PATHWAY**



**NETBALL VIC ASSOCIATION  
CHAMPIONSHIPS**

# PROGRAM STRUCTURE

## Netball Victoria Pathway



# TEAM POSITIONS

- 11&U Squad
  - Skill development training to prepare players for the representative pathway
  - Players selected based on skill to attend 2-3 tournaments
- 13&U Representative Player
  - 13&U Training partner
- 15&U Representative Player
  - 15&U Training partner
- 17&U Representative Player
  - 17&U Training partner
- Open Representative Player
  - Open Training partner



# TRIALS

## What to expect

- Match play watched by selectors
  - Selectors may give certain instructions to individual players or the entire group to assess coachability.
- Players will be asked to nominate their 2 preferred playing positions, however, be prepared to play in a position you haven't nominated as well.
- Be open minded about playing another position – the selectors may see you have long term potential in a different role.
- Depending on numbers of players trialing, there may be gaps in match play for some athletes.
- \$17.80 Fee to trial.

# TRIALS

What are we looking for?

	GS/GA	WA	C	WD	GK/GD
A	Shot Selection <ul style="list-style-type: none"> <li>○ Volume</li> <li>○ Accuracy</li> </ul>	Clear and decisive pass selection	Strong attacking drives with a range of attacking moves, including change of pace, change of line	Must limit the opponent's influence in the game	Strong one on one defence with the ability to defend multiple movements
B	Variety of attacking moves	Range of attacking moves	Strong defensive skills	Strong attacking movement and ball delivery	Variety of defence <ul style="list-style-type: none"> <li>○ Intensity</li> <li>○ Impact</li> </ul>
C	Understanding of Space	Awareness of space and teammates	Ability to work in partnership and link both ends of the court	Strong defensive skills	Strong delivery into attack

Score	Rating
1	Rep Team Level
2	Potential Rep Team Level
3	Not Rep Team Level

# TRIALS

## Rules for boys

- Boys are permitted to play, with some restrictions...

All Boys Competition	Female Competition
<b>17&amp;U Male</b> NFNL unable to field a team yet	<b>17&amp;U Female only</b> no allowances for boys
<b>15&amp;U Male</b> NFNL unable to field a team yet	<b>15&amp;U Female</b> Males less than 13 years old at the first day of the competition may participate.
<b>13&amp;U Male</b> NFNL unable to field a team yet	<b>13&amp;U Female</b> Males less than 13 years old at the first day of the competition may participate.



# LEAGUE EXPECTATIONS

- Behavioral Standards

- Abide by the NFNL player code of conduct on and off court, and through that competition year at BOTH club and representative level. Players can be removed from the program for any breaches.

- Training

- Always arrive 10 minutes prior to start time.
- Positive attitude and encourage teammates.
- Focus on the coach, ignore external distractions.
- Train with the same intensity you would play with.
- Ensure you provide 24hours notice if you cannot attend a session.

- Game Day

- The coach will put what they believe is the best team on court for each game, this can change depending on a range of factors. Players should be prepared that there may be a game where they do not take the court.

- Injuries

- Players must disclose any injuries to the coach.
- If injured, you are still expected to attend training sessions and games as per normal unless otherwise agreed upon by the coach.

# KEY DATES

- Trials

11&U and 13&U	15&U	17&U and Open
<b>Sunday 7th December</b> <ul style="list-style-type: none"><li>9.00 am Arrival (check in and uniform)</li><li>9.30 am – 11.30 am trials</li></ul>	<b>Sunday 30th November</b> <ul style="list-style-type: none"><li>9.00 am Arrival (check in and uniform)</li><li>9.30 am – 11.30 am trials</li></ul>	<b>Sunday 30th November</b> <ul style="list-style-type: none"><li>11.30 am Arrival (check in and uniform)</li><li>12.00pm - 2.00pm trials</li></ul>

- Training

11&U and 13&U	15&U and 17&U	Open
<b>First Training:</b> <ul style="list-style-type: none"><li>Sunday February 8th</li></ul> <b>No training:</b> <ul style="list-style-type: none"><li>Labor Day Weekend</li><li>School Holidays</li></ul> <b>Last training:</b> <ul style="list-style-type: none"><li>Sunday May 31st (TBC based on Assoc Champs)</li></ul>	<b>First Training:</b> <ul style="list-style-type: none"><li>Sunday February 22nd</li></ul> <b>No training:</b> <ul style="list-style-type: none"><li>School Holidays</li></ul> <b>Last Training:</b> <ul style="list-style-type: none"><li>Sunday May 10th (TBC based on Assoc champs)</li></ul>	<b>First Training:</b> <ul style="list-style-type: none"><li>Sunday March 15th</li></ul> <b>No training:</b> <ul style="list-style-type: none"><li>School Holidays</li></ul> <b>Last Training:</b> <ul style="list-style-type: none"><li>Sunday May 31st (TBC based on Assoc champs)</li></ul>

- Additional Tournaments: TBA

- Assoc Champs: TBA



# PROGRAM FEES

*\*Injured players will not receive a refund of fees*

- **11&U and 13&U Players:**

- Must hold 2026 VNA
- NFNL Fees: \$250
- Compulsory uniform in addition (Dress \$60, Training top \$45)
- Optional uniform available (Hoodie and socks)

- **15&U, 17&U and Open Players:**

- Must hold 2026 VNA
- NFNL Fees: \$220
- Compulsory uniform in addition (Dress \$60, Training top \$45)
- Optional uniform available (Hoodie and socks)

- **Training Partners:**

- Must hold 2026 VNA
- NFNL Fees: \$150
- Compulsory uniform in addition (Training top \$45)





# COACHES & STAFF

**Head Coach:** Brooke George

**Administration:** Delwyn Berry

## **Coaches:**

- Kate Arnot
- Karen Oke
- Kendra Vann
- Lisa McBain
- Lynsey Barrett
- Mia Llewellyn
- Samantha Abdilla
- Stacey Gannon
- Tristian Goldsmith
- Vanessa Smith

*\*Coaches subject to change based on number of teams accepted into program, coaches will be allocated amongst age groups after trials*